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QUOTE OF THE WEEK

“The reason Christ was born in Bethlehem was because a census was going on.”

See RETURN OF LONG FORM CENSUS Page 3



November 20, 2015 Vol. 51, Issue 04



endeavour



Lending a hand in Nigeria

A local organization is raising money for a new school.

By Jonathan Guignard Page 6



LCSA Aggies speak out

Agriculture students look to improve perception and dispel myths about the food we eat.

By Katelyn Wilson Page 8

Kodiaks win big

Hard work pays off as the cross country athletes bring home several medals

By Jonathan Guignard 11



PHOTOS BY CRAIG KAMBA

(Above) Joanna Waszkiewicz leads a rally of supporters on Sat. Nov. 14, in downtown Lethbridge, to promote unity in light of the terrorist attacks. (Below), signs offer support to those in Paris.

Paris attacks humble hearts here at home

CRAIG KAMBA
@craigkamba

In the aftermath of the Paris terrorist attacks, a French immigrant and resident of Lethbridge, took the initiative to organize a rally to try and promote unity through love, freedom and awareness.

Nov. 13 marked a historic and brutal terrorist attack in France. While many residents took to their televisions and phones to keep current on the latest global crisis, Joanna Waszkiewicz took to downtown Lethbridge, along with family and supporters to voice her prayers and concerns in the wake of the terror attacks.

“I’m French and this comes really close to my heart,” said Waszkiewicz.

“This is not the moment to be angry at someone and point fingers. Of course there is someone to blame, but it should be a moment to draw strength out of our pain and make sure we are welcoming to people who need us,” she explained.

Seven coordinated terrorist attacks were executed throughout France simultaneously just after 9:20 p.m. on Fri. Nov. 13.

According to London’s Daily Telegraph website, the death toll was 129, with over 99 people in critical condition and approximately 350 injured.

The attack started with a bomb blast outside the French Stadium where President Francois Hollande was watching an internationally friendly soccer match between France and Germany.

Attacks continued eight kilometres away where gunmen



unloaded bullets on patrons at fashionable bars and restaurants, with even more suicide bombings. The last target of the night’s deadliest assault was at a packed concert hall during a rock show.

In light of the incidents, 24-hour media coverage has sparked political hot-topic conversations tying the attacks to ISIS, rumors of war, as well as heavy social media discussion and finger pointing to the current Syrian migrant crisis.

“Unfortunately we are seeing how extremist groups and extreme right-wing political groups in Europe are just taking advantage of the tragedy to put the blame on refugees from Syria and Muslims,” stated Waszkiewicz.

She encourages people to remember terrorists are truly fanatics.

“They are not all Muslims, they are not all refugees—they are crazy people and most of the refugees are people who have been able to escape those groups that were killing them off,” she continues.

An assembly of supporters followed Waszkiewicz through the downtown core consisting of men, women and children,

ranging from infants to elderly. Sarah Kadijk was another resident who came out to show her support.

“We need to fight for peace; this shouldn’t have to affect our kids. We should learn to live in harmony and use words rather than witnessing things so violent and without heart,” she explained.

“We can’t be fooled and compelled by the power of fear and manipulation of the situation,” said another supporter who wished to remain anonymous, shedding light on biased media coverage.

Terrorist attack bombings took place in Lebanon just the day before, where another 43 people were killed, and ironically the incident had very little worldwide media coverage in comparison to the attacks in Paris.

This marks the second attack on France this year since the *Charlie Hebdo* attack 10 months ago.

The French President has declared it an act of war.

As our newly elected Prime Minister Justin Trudeau gathered with world leaders at the G20 Summit on Nov 15 and 16, he commented on the attacks, reassuring Canadians that security is a top priority and that we will carry on to assist refugees in “a safe and responsible manner.”

Waszkiewicz and rally supporters explained how they hope to inspire comfort in hearts in order to counter the hate and quick angry reactions felt by many.

“The best weapon is to be united and kind,” concluded Waszkiewicz.

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Aquaponics is future of sustainable production

SARAH REDEKOP
@sleered

A new research scientist at Lethbridge College is helping grow a project that could have a major impact on southern Alberta. Nick Savidov, Phd., is helping lead the Aquaculture Centre of Excellence (ACE) at the college. The Integrated Fish Plant System (IFPS) research they are conducting is at the forefront of food sustainability and production.

Savidov came to the college in September and brings with him a wealth of knowledge. He came from the Crop Diversification Centre in Brooks where he worked as the head of the greenhouse program since 2002. During this time Savidov had already started working with Lethbridge College. “I cannot say I am completely new to this college,” he said. “I collaborated with them a lot.” Savidov is enjoying being at the college and said it’s a very friendly and productive environment.

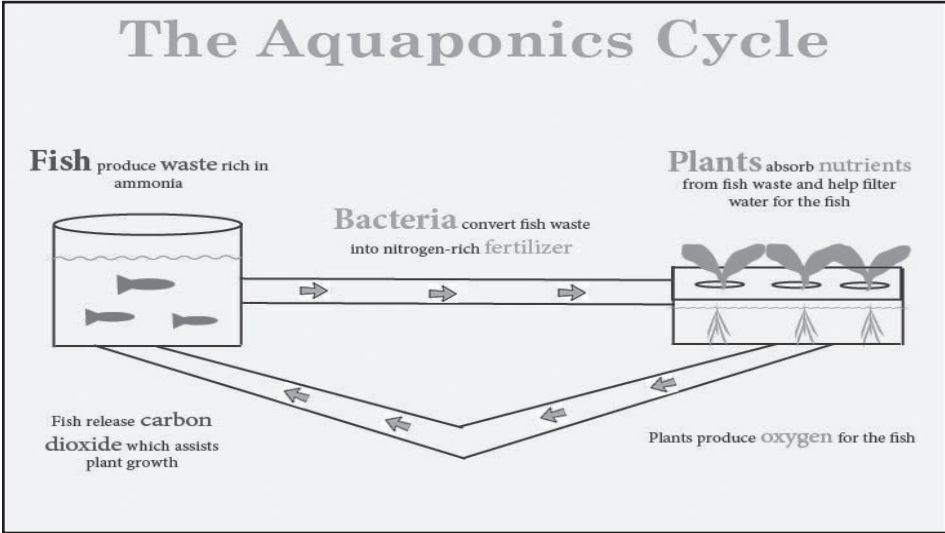
Earlier this year, Lethbridge College received a \$2.1 million grant for its IFPS research. Savidov says it’s unique because it’s the largest grant in the world given to

fund this area of aquaponics. “When this happened, the college became a leader and may become a world leader, in this very fast developing area of sustainable agricultural production,” he said.

Savidov says this research is important now because we cannot continue to produce food in the same wasteful way that we have done in the past. He explains that the reserves of fossil fuels are depleting and we currently use those raw materials (phosphate rock) to produce fertilizers. The IFPS helps provide a solution to this problem.

The IFPS allows food production with very minimal impact on the environment. Various vegetables and herbs have been grown using this system. Now the challenge is creating a marketable system for large-scale food production. Savidov says the research they are doing is to ensure that commercial growers will be successful. Savidov’s research team is considering factors like food safety, production efficiency and organic certification in their current project.

He says farmers are now investing millions of dollars in this technology. Savidov’s goal with the project is to ensure these businesses don’t fail. The Current Prairie Fisherman Corporation



INFOGRAPHIC BY SARAH REDEKOP

The new aquaponics cycle helps plants absorb nutrients for optimal growth.

in Nobleford, AB is the largest Tilapia fish producer in Western Canada. The greenhouse they are building will soon be attached to their fish facility. Once the project is completed, it will be the largest commercial aquaponics facility in Canada. “We will have a chance to produce food in the most sustainable manner ever,” said Savidov.

The college will be undergoing changes as well. The plans are to upgrade the existing greenhouse, not only for ACE, but also to accommodate the schools of

agriculture, environmental sciences and culinary arts. A multi-faceted project is in the making, which will integrate production technology, culinary arts, economics and community engagement. “With this approach we cannot only solve problems related to production, but also focus on social and economic issues,” said Savidov.

For more information on ACE you can visit lethbridgecollege.ca or drop into the applied research & innovation department.

Campaign creating endless possibilities for college students

TAWNYA PLAIN EAGLE
@tawnya_pe

A campaign was launched in May 2013 to help students become successful at Lethbridge College. The Possibilities Are Endless Campaign is a project that will assist students in five main areas. This includes the trades technologies renewal and innovation project, student awards, student residence, learning commons and emerging projects. The initial goal for this campaign is to raise \$25 million from the community, to help the college move forward and ensure that these five projects are completed. Paula Burns, President of Lethbridge College, says that current campaign is set to wrap up in the early months of 2016.

“We are at approximately \$23.5 million right now, with a little under \$2 million to go,” Burns says. With the campaign being worked on for five years, the college has a good understanding of where the money will come from. Through different fundraising around the city, the college just raised around \$280,000 from it’s 25th annual



PHOTO BY TAWNYA PLAIN EAGLE

Codi Humeston studies in centre core. Clayton Allan wine auction, which was held Nov. 6. Receiving funds for Student Awards has been successful with goals to raise over \$2.5 million. This particular aspect of the campaign has seen tremendous donations where they have over \$3.8 million already. Linda Sprinkle, student awards and funding manager, says that with more money the college has for awards, it will increase the amount of money students can receive.

This does not necessarily mean that it will increase the amount of students who will receive awards. Sprinkle says depending on the criteria of an award, one student can win multiple awards. “Every single award has specific criteria, some are specific to programs, while some are for anybody at all.” She adds that there are a wide variety of awards that students can apply for. In previous years, the college was on the low end of funds for student awards, compared to other colleges in Medicine Hat and Red Deer. Since the donations have been received, the college has surpassed a few colleges in Alberta. Nicholas Gruell, business administration student, says that it is a wonderful opportunity for the students and that it really shows the college supports and cares for students. “It’s great that there is local support for this campaign, I think if the college was to be completely independent, I think it would mean a rise in tuition,” Gruell said. In addition to the Possibilities Are Endless Campaign the college can now give out \$1 million in scholarships and bursaries per academic year.



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Election of Liberals marks return of long-form census

Aaron Haugen
@ahaugie

The mandatory long-form census will return for 2016. The new Liberal government made the decision earlier this month.

The last mandatory long-form census took place in 2006 and was replaced by a voluntary National Household Survey for the 2011 census.

The long-form census had come under criticism from the Conservatives as being intrusive into the private lives of Canadians with criminal penalties for non-compliance.

Likewise, the move to replace the census came under heavy scrutiny from researchers claiming that removing the mandatory requirement left a gap in data collection.

Claudia Malacrida, a Sociology professor at the University of Lethbridge, explained how census data is used in an educational background.

“We need to be able to speak about social problems or challenges in our communities and draw on research that will help us make those things more material to our students,” she said. “I draw on other statistical workers research to support my arguments.”

Faron Ellis, head of the Citizen Society Research Lab at Lethbridge College, said the debate around the long-form census became heavily politicized as governments have always collected information on its citizens.

“Data collection goes back to ancient censuses,” he said. “The reason Christ was born in Bethlehem was because a census was going on.”

He is, however concerned about the lack of information around enforcement around the return of the long-form census.

“When you make it mandatory, you can’t just expect universal compliance, unless there is some real teeth to the prohibitions against non-compliance.”

For Malacrida, the return of the long-form census is a



PHOTO BY AARON HAUGEN

Fourteen out of 15 students completed the 2006 mandatory long-form census while only 10 of them would’ve completed the 2011 National Household Survey.

return to good research.

“Canada has always had this reputation of keeping a really good pulse on citizen’s development and needs,” she said. The 2016 census is scheduled to be conducted next May.

City looks to reduce waste by 50 per cent in 15 years

Meagan Williams
@Lili_Gean

Curbside recycling, a hotly-debated topic according to some residents is once again up for discussion. After being defeated 6 -3 at a committee meeting on Feb. 9, the curbside debate is now being re-introduced to the entire city council to streamline information sharing so the discussion can continue.

Bridget Mearns, councillor and member of the city’s environment committee, says she’s eager to see the newly completed studies on the curbside recycling issue.

“Some of the issues that we’ve had with progressing with curbside is that we all didn’t have the same level of understanding, so this information sharing will prevent that from happening.”

The reports Mearns referred to have been conducted by an outside consulting firm in the areas of material recycling facilities, collections and producer responsibility, as well as a study into blue bin collection programs in other cities within North America. All of these reports have been conducted to gain a better understanding on how to deliver a successful program to Lethbridge. Something that Mayor Chris Spearman was in favour of after he voted against the model that was brought before council earlier in the year.

The city has agreed to a target to reduce overall community waste by 50 per cent in the next 15 years under a new waste diversion policy.

According to the city’s website, the new waste diversion policy sets a five-year target of a 30-per-cent overall per-capita waste disposal reduction by 2021. Currently,

Lethbridge generates 1,150 kg per capita of waste annually from all residential and non-residential sources that is disposed of in the landfill.

Harm Thomas, local resident and frequent recycling depot user, believes the city should keep the system that is in place now.

“You don’t have to sort or pay attention to which garbage you’re putting where, it’s just easier for me,” said Thomas.

After the last vote, Mearns said the feedback she received from residents who are in support of the curbside initiative was not surprising.

“The people who contacted me who know I am in support of the idea were like, just get it done.”

The council will meet on Nov. 30 in the hopes of taking one step further to a greener Lethbridge.

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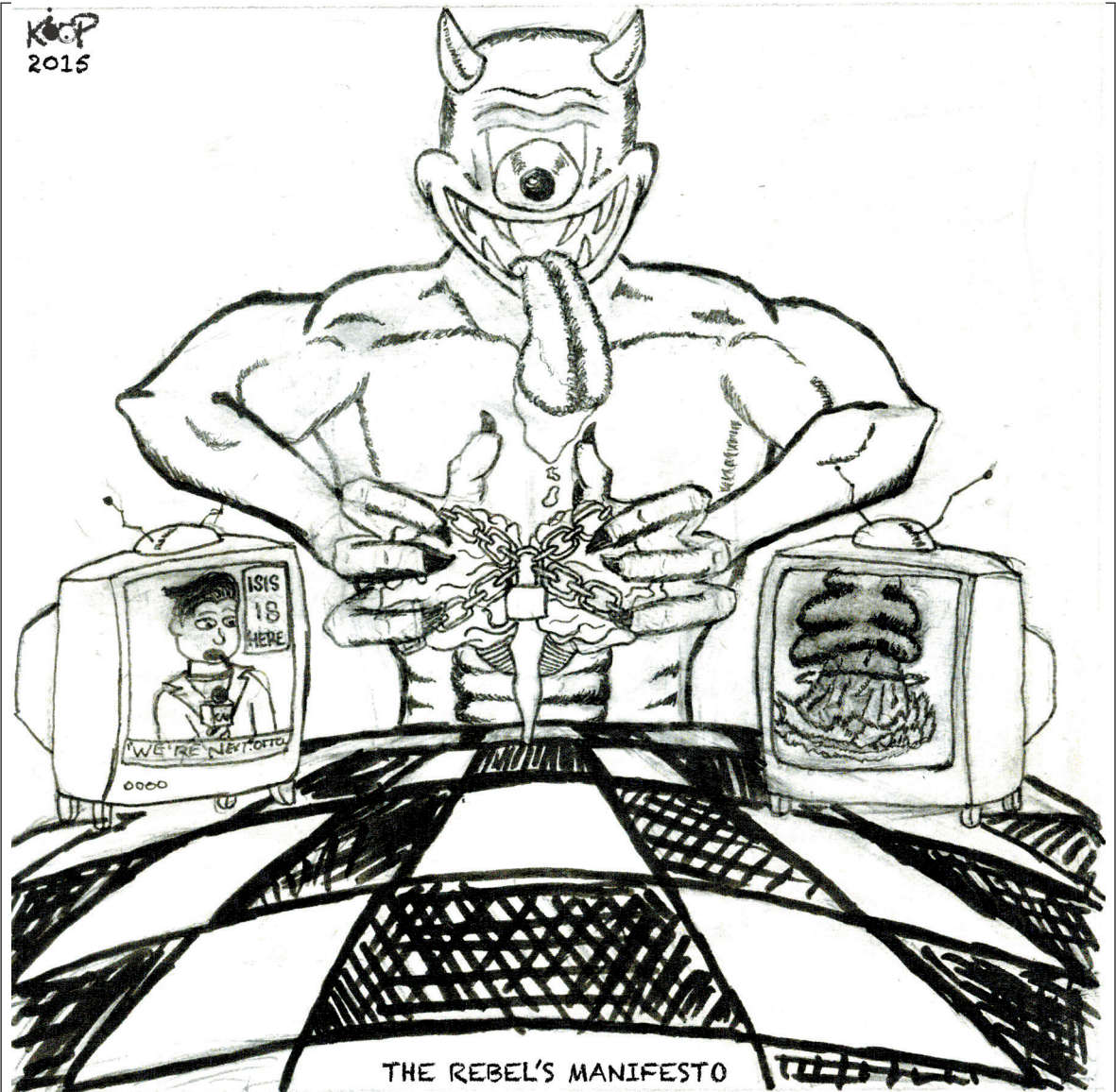
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They don't want to see us unite

"Now, we are face-to-face once again with a period of heightened peril. The risks are great, the burdens heavy and the problems incapable of swift or lasting solution."

No one could've guessed the magnitude of former U.S. president, John F. Kennedy's words from Nov. 18 1961, would hold on the eve of their 54th anniversary.

We watched in horror as the sickening plots of multiple suicide bombers and shootings spanning over two days, unfolded in Paris, Baghdad and Beirut, claimed the lives of 198 people on Nov. 13.

Fuelled by emotion and a thirst for vengeance, France's President Francois Hollande saw the actions of ISIS as a declaration of war and vowed the recoil from France would be ruthless.

Soon after the carnage began, U.S. President Barack Obama and British Prime Minister David Cameron emerged with rhetoric supporting their French allies.

They claimed the violence not only targeted France but also their universal values of peace, tolerance and liberty, while also dedicating a larger military presence to the fight against ISIS.

Claims of extremist distaste for freedom have been echoed since the Sept. 11 attacks over 10 years ago, sprouting the War on Terror, the military revenge mentality and the use of fear tactics to promote hate and racism.

For Canada, this aggression only adds to the turmoil dividing our nation over Syrian refugees and ongoing niqab controversies, leaving Prime Minister Trudeau with nothing but complex decisions.

Two of his major campaign promises have been compromised less than a month after his election and his decisions regarding these issues are sure to be controversial, regardless of his stance.

Extremists don't look to intimidate on the battlefield. Rather, they exploit the media to infect the world with paranoia, resulting in mental decay so we wind up frightened, suspicious and ultimately defeated by hopelessness.

Conquering this enemy with the planet intact and preventing our future from eerily shadowing George Orwell's 1984, will be determined by the population's ability to unite during arguably one of the darkest periods of recorded history.

We as individuals must collectively enter this mental chess game to cast off the pollution of hate, paranoia, suspicion and fear plaguing society today.

Refuse to allow their exploitation of media to disconnect you, refuse to be contaminated by hatred and their attempts to convince you, this animosity is justified because aspects of their culture are shared with others.

When we look back at these dark times, we will be measured by our courage for maintaining hope, while we braved the depths of hell.

First female MP makes history at home

KATELYN WILSON
@katewils14

No matter how you feel about politics or the candidates who ran, history was made right here in Lethbridge the night of the 2015 Federal Election.

Conservative candidate, Rachael Harder, won the Lethbridge riding with one catch.

She’s a woman and the first-ever to accomplish this feat.

“I’m not always sure how people are going to respond to the fact that a.) I’m a woman and b.) I’m quite young,” said Harder.

She’s been in office for about a month now and had a taste of the House of Commons and now she’s working on building her team here in Lethbridge.

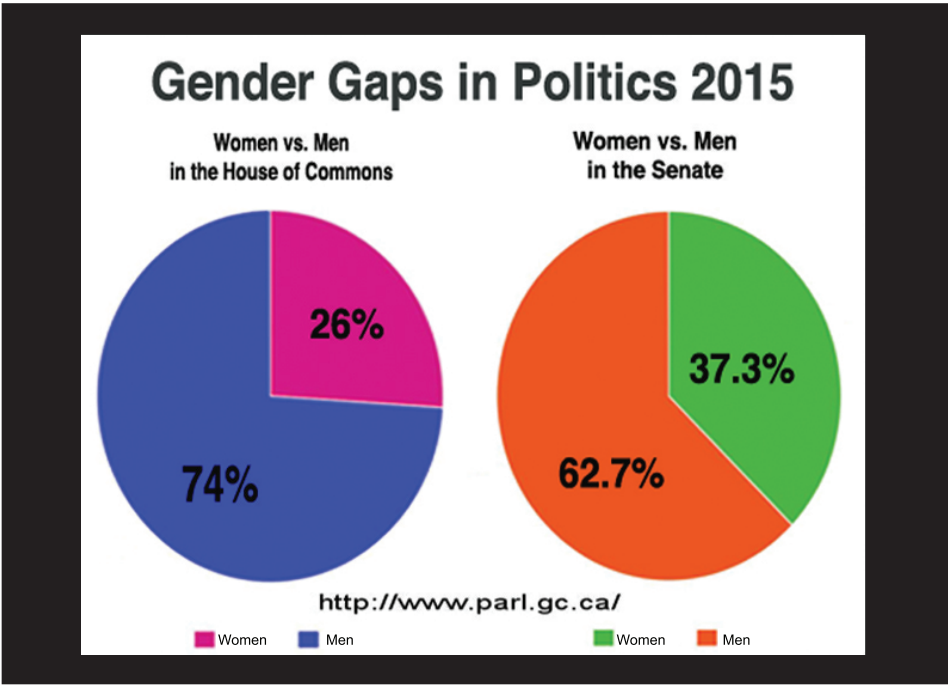
But Harder’s victory was not the only triumph for women the night of the election.

In fact, Canadian voters elected 88 female members into Parliament, putting female representation in the House at 26 per cent.

However, this is a far cry from the 30 per cent defined by the United Nations as the minimal percentage of women required for a government to reflect women’s concerns.

As a result, Canada ranks 50th behind countries like Sweden, Finland, Spain and New Zealand.

Ann MacLean, former president of the Federation of Canadian Municipalities,



INFOGRAPHIC BY KATELYN WILSON



PHOTO BY KATELYN WILSON

Rachael Harder, Lethbridge MP

said Canada is a world leader in many things, but unfortunately women’s participation in politics is not one of them.

“Our goal is to reduce the real democratic deficit, the one that sees half of our population under-represented in our political institutions.”

In an attempt to create gender parity, the election of Prime Minister Justin Trudeau saw the Liberals create the first cabinet in Canadian history split 50:50 between men and women.

Harold Jansen, professor of political science at the University of Lethbridge, said this was the biggest leap forward coming out of the election, because it sent a message that politics is for every-

one.

“The hope is two-fold. One is that we will see cabinet maybe operate a little bit differently. There is research that suggests once you get a critical mass of women, it changes the way organizations operate to reflect more feminine values. But it is also an important role model message that women see themselves in high positions of power in Ottawa.”

Still, Jansen said despite gains made for women, it is amazing how long it has taken to get to this point and how slowly it has taken it for equality to occur.

“A lot of has to do with the nomination structures of political parties, that’s what most of the research tells us. In

Canada, the tradition has been to leave it to the local party organizations to nominate their candidates and they have tended to be much slower at nominating women,” said Jansen.

Nevertheless, as the first woman elected in Lethbridge, Harder said she never felt this was a barrier. Instead she views her gender as an opportunity and an advantage.

For those thinking of following in her footsteps, Harder said dream big.

“I would say to every woman who wants to aspire towards political office, go for it. The number one thing, find someone to champion you and go all the way.”

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PHOTO PROVIDED BY FOLA SOBOYEJO
The community of Ogan shows their gratitude towards Canada in helping with the Ogan School Development Project to build a new school in Nigeria.

Bridges of Hope: building schools in Nigeria

JONATHAN GUIGNARD
@guij26

A small village in southern Nigeria is in the midst of building a school for its children and a local organization in Lethbridge is doing its part to help out.

Bridges of Hope begun the Ogan School Development Project in 2013 and is lead by Fola Soboyejo.

Bridges of Hope started in Lethbridge and has been around for almost 15 years. According to its website, Bridges of Hope focuses on economic development, health, education and critical intervention for children, families and communities to overcome poverty and injustice.

Soboyejo grew up in Ibadan City, Nigeria and has strong ties to Ogan. His father was born in Ogan and as a family, would make frequent trips back to the village.

Soboyejo feels that it's important to give back and offer the children of Ogan and the surrounding communities a proper education.

According to the Ogan school website, their previous school, the United Anglican School, consisted of three buildings with three classrooms in each building. However, two of the three buildings collapsed due to aging infrastructure.

Soboyejo says it's been a struggle dealing with the lack of space.

"After the building collapsed, the school was left with two classrooms for 200 students. It was, and still is, a severe problem," he added.

The goal of the organization is to build six classrooms, a multi-purpose hall with a library, a computer room, a space for adult education and two water closet

washrooms with it being completed in less than three years.

Soboyejo couldn't be happier with the support he has received from the people of Lethbridge.

"They have been generous with supporting the project, we've been able to construct the foundation of the building including one completed classroom with a second classroom being almost complete. We have also provided the entire building with clean running water," said Soboyejo. "Over 80 per cent of the funds we have raised so far are from Lethbridge."

Frank Allen, Marketing Director at Bridges of Hope, has been involved with the organization for just about 7 years and feels it's a great way to make a difference.

"It's about a passion to see change. It's about creating opportunities for anybody on this planet who wants to make a difference and make this world a better place for everyone," said Allen.

To raise awareness with the hope of increasing funds for the project, a plan is in place for an Ogan School benefit concert.

Mary Lee Voort, music director for the project, is putting together the line-up and says the support has been great so far.

"Generosity is what makes Lethbridge such a wonderful place. I am very fortunate to know so many great musicians who are willing to offer their talents in support of a project like this," said Voort.

The concert will be held on Jan. 22 at Southminster United Church. There will be performances by Gospel musicians, choirs and many more local artists with free admission. For any other inquiries on the event or questions about donating, check out thebridgesofhope.com

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Local designers unite at Lethbridge Fashion Weekend

CRAIG KAMBA
@craigkamba

Heavy beats and fashion, coupled with fine wine and dining was the scene at the Galt Museum last Friday night. There were no empty seats in sight while models strutted down the runway, spurred on by a live DJ and local business vendors.

For over a decade, the Lethbridge Fashion Weekend (LFW) has brought both exclusive design and fashion trends to Lethbridge, having earned its most significant turnout to date.

Once a year, the event showcases local designers and attracts many others across the province. This year the Galt Museum hosted the event with a packed crowd of over 350 people.

“Lethbridge has more than enough involved, cultured, art-active and design-savvy people and it simply takes an event like this to bring them all out for this reason,” said Andy Davies, a local sculptor and teacher, happy to come out and support the Lethbridge fashion scene.

“People here have a hunger for it, that’s for sure,” he continued.

The event is completely volunteer-based and was instigated by local designer and visionary Shelly Court Kanyo. The seed for the event was planted in early 2007 while she taught the Fashion and Design program at Lethbridge College.

“I’ve been obsessed with both design and fashion ever since I was a child. I enjoy creating and surrounding myself with other creative types,” said Kanyo.

Her vision has joined her with local vendors and models to create a network of individuals in southern Alberta, where she currently creates her own design styles through a design company of her own.

“She can do such different work. This year her patterns and colours were completely out there but she made it worked — I feel like she can make anything



PHOTOS BY CRAIG KAMBA

(Above) Over 350 people attended Lethbridge Fashion Weekend at the Galt Museum. (Below) Runway model Jessica Cahoon showcases a local designer’s creation.

work,” recounts Jessica Cahoon, local runway model and fashion enthusiast.

This marks Cahoon’s second year with LFW, and she explained how she has been privileged to work with such talented designers such as Auston Young, a clothing line created by Lethbridge College alumni Sarah Auston.

“Her designs are very modern, yet have a very chic look and feel to them,” remarked Cahoon.

LFW currently provides a platform for established and emerging artists. Kanyo explains how there have always been designers in southern Alberta and how they are now getting better exposure due to increased platforms to share their work.

“Lethbridge may not seem like the most ‘fashion forward’ city, it is certainly full of style and creativity,” she concluded.



Upcoming

Student Activities



Holiday Tree

Celebrate the holidays with a free pancake breakfast 9am- 10am. Enjoy festive music and tree decorating. 9am-11am, December 3 in Centre Core.

January Registration

Are you registered for January classes? Find out by checking your schedule on MyHorizon. If you need help with classes, you can meet with an Academic Advisor.



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LEO Club brings community spirit to college

AARON HAUGEN
@ahaugie

It's one of Lethbridge College's oldest student clubs, and unless you're a criminal justice or conservation enforcement student, you probably know it's name, but not what they do.

The Lethbridge College LEO Club, a part of Lions Clubs International, has been helping law enforcement students get community service experience since the '70s.

President David Peters explains how the club has kept going for so long.

"We bring a commitment to helping out the community. It's one of the things that keeps driving the members to keep doing this."

He said that with the shift towards community policing, law enforcement agencies are looking for people with experience with community service.

"We take these people who need to get out into the community and volunteer as one of the ways of getting employed, and we give them opportunities."

The club volunteered at the Clayton Allen Wine Auction fundraiser as well as the annual Pig and Pumpkin Festival at the Broxbrun Café, which raises money to help students at north side schools.

Katie DeRuyck, vice president of Student

Life for the LCSA, says the active volunteer work of the club helps the college's reputation in the community.

"The LEO Club represents the Students' Association very well in the community. They're very active in volunteering."

Peters says his experiences with the club have led him to taking on a leadership role.

"When I first started this, I kept having so much fun doing all these opportunities that it kept pushing me to keep going and going and doing more and more till now I've stepped up and I'm in the leadership position," he said. "I know other people feel the sense of enjoyment as well."

Club treasurer Drew Crawford said he feels that being active in the club has helped him develop skills that future employers will be looking for.

"The leadership involved with it, the communica-



PHOTO BY AARON HAUGEN

President David Peters (left) and Drew Crawford (right) of the LEO Club discuss matters after classes on Nov. 13.

tion among other members in the group, those kinds of skills that law enforcement are really looking for. You really need those skills, it looks good when you're getting hired."

To learn more about the Lethbridge College LEO Club, you can contact them through the LCSA website or look for their display in the Centre Core.

Students' Association welcomes back Gay Straight Alliance Club

HALEN KOOPER
@koop_kulture

Across the city, support programs and resources for the lesbian, gay, bisexual, trans and queer community continue to see growth in their cause.

Lethbridge College was drafted into this union when they created their own Gay Straight Alliance.

There have been clubs of a similar nature at Lethbridge College, but the GSA took a year-long hiatus after the previous group had little success in providing a sense of community.

It was due to the previous club's tight knit characteristics and lack of interest in expansion, making it difficult and uncomfortable for newcomers, which led to their disbandment.

This is when GSA President Mitchell Sabourin and a couple friends saw the perfect opportunity to resurrect the alliance to shed light on a number of topics

and create a community inclusive of everyone.

"I opened this club for anyone to come and chat. The college didn't have anything like this and I see a lot of ignorance around the college sometimes, so I felt this was a good way to combat [it]. We want to raise awareness on different issues surrounding identity, sexuality and create a safe space where people don't have to be afraid when they have nowhere else to go," said Sabourin.

A monumental shortage and dire need of establishing more social support programs is a view of the GSA which is shared with PRIDE at the University of Lethbridge.

As society continues the path to tolerance, the feelings of danger for LGBTQ slowly fade, but Joselyn Plumridge, former PRIDE president stresses vigilance because discrimination has a revamped style.

"Opinion has shifted in favour of acceptance towards gay and trans people,

so you're not as likely to run into people who are loudly and proudly homophobic or transphobic. What you're seeing now is a more insidious form, making homophobia and transphobia harder to detect," Plumridge said.

These less direct, micro aggressions towards the LGBTQ community remain quite widespread amongst Lethbridge and according to Plumridge, are in part, results of the large religious population.

"Lethbridge existing in the Bible belt is a huge issue. People coming from elsewhere are very aware of the reputation of this part of the country and so, many new residents are nervous about seeking out support networks because they don't want to expose themselves unnecessarily," Plumridge said.

The absence of dependable, trustworthy and caring associations for LGBTQ youth, is an issue OUTreach President Annelies van Oers not only continues to see amidst students, but in the health care system as well.

"We have stories from folks within southern Alberta who come out to their doctors. Then, those doctors actually report their coming out to parents or to faith-based communities," van Oers said.

OUTreach is a non-profit society, which works with organizations in Lethbridge and the surrounding areas to respond to needs of LGBTQ regarding hate free, safe and comfortable environments.

Van Oers was thrilled learning the GSA made its return to Lethbridge College after its short interval of absence, remaining optimistic and enthusiastic towards collaboration.

"It's super exciting and we work a lot in partnership with other groups, it's very important to us," van Oers said. "We hope OUTreach can do some work with this club."

The Gay Straight Alliance Club is eager to host their first event at the end of the semester.

Will Lord Stanley return to the Great North?

The Montreal Canadiens are Canada's only hope of bringing a Stanley Cup back to Canada in the foreseeable future.

In my opinion, there are key factors that make hockey teams successful and allow them to reach the promised land.

It starts with goaltending. If you look back to previous Stanley Cup winners, you will see some of the world's finest goalies. Patrick Roy, Martin Brodeur and Dominik Hasek

are some of the names to be engraved on Lord Stanley.

The Canadiens, right now, undeniably have the best goaltender in the entire world: Carey Price, who is coming off a historic season which saw him win four trophies. Overall, Price dominates the NHL in his position and will play a huge role in raising a 25th Stanley Cup banner in Montreal.

JUXTAPOSITION



JON GUIGNARD

over 35 goals this year.

Although it is still early in the season, the Canadiens are tied for first place in the overall standings.

If they continue to play the way they are playing right now, the Canadiens will be Canada's only hope of returning the Stanley Cup to the only place it belongs: Montreal.

The Canadiens defensive core is among the top in the league and it all starts with another Canadien, P.K Subban, arguably the best defenseman in the NHL.

With that being said, for a team to be successful in the playoffs, they need legitimate scoring.

The Canadiens newly appointed captain leads the way in that category.

Max Pacioretty has scored 76 goals over the past two seasons and is on pace for

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eSPORTS



Kodiaks shoot in hopes of a better future

Men’s basketball team is hoping to rebound after last weeks loss



PHOTO BY COLE SWIER
Kodiak Robby Findlay works on his free throw shot before practice on Nov 16.

COLE SWIER
@coleswier

It appears the Lethbridge College Kodiaks men’s basketball team have ferociously come out of hibernation. After wining provincials and a third place finish at nationals last year, the pressure was on for the Kodiaks to succeed this season. Lethbridge College was able to win their first four games of the season, they even beat their rivals the Medicine Hat Rattlers 83-69.

Kodiaks head coach Ryan Heggie explained how his main aspiration for the team is to make it to playoffs again.

“Our goal is to always get back to the playoffs and it’s not an easy place to get to. Even as defending provincial champs one of the coaches told me right after we won the banner get ready for the big target on your back,” said Heggie.

The men’s coach understands that the Kodiaks trip to the playoffs consists of hard work both on and off the court. Instead of only focusing on basketball technique, he works with the players one-on-one to boost their playing ability.

“As a coach we need give the players confidence and tell them that we believe in them and uplift them as much as possible, but still keep them accountable. We also need

“We all try to bring the best attitude possible.”

MORGAN GUNDERSON

to make sure our veterans are leading by example.” Despite winning their first four games, the Kodiaks ran into some trouble having lost to both Red Deer College and Olds College in the same weekend. Lethbridge lost to the number four-ranked team in the country, the Red Deer College Kings by 21 points in a 77-98 effort. The following day the Kodiaks came out on top over the Olds Broncos, but lost the game by two points in an 85-87 battle. First year Kodiaks player Rory Russell expressed his frustration about how the Olds game unfolded.

“It was just a tough game coming out of Red Deer, honestly it was just a lapse. We weren’t playing high intensity and could never really get a good lead or hold a lead,” said Russell.

Despite losing two straight games, the Kodiaks season is far from over. Morgan Gunderson is entering his third year on the team and explained why he has hope for this season. “We all try to bring the best attitude possible, everyone respects us and I think you can make up for so much lost talent or skill just because you’re a tight unit and that’s what we are.”

Currently the Kodiaks are ranked 14 in the country and are ranked second in their division one spot behind the Red Deer College Kings. Despite the road ahead, the Kodiaks hope to see national gold in their future.

Kodiaks cross-country teams lead the race at nationals

JONATHAN GUIGNARD
@guij26

Lethbridge college’s men’s and women’s cross-country Kodiaks wrapped up its season by bringing home a bunch of medals from Ontario.

The women’s cross country team took home a bronze medal while the men’s team finished with a silver medal at the CCAA Cross Country National Championships.

The tournament took place last weekend in Brockville, Ontario hosted by St. Lawrence College.

Bertil Johansson, head coach of both teams, is proud of what the two teams accomplished and even thinks that they could have done even better at home.

“They were great. It was a matter of seconds of us winning gold. I think that if we were the college who got to host nationals, I think we could have won it,” said Johansson.

Kyle De Groot, who is in his first year on the team, feels dedication was the key to their success for the entire year.

“I think a lot of it was working hard throughout the season. We battled hard in practice against each other and it lead to success on the field,” he added.

Johansson admits that the two teams were in for tough competition, but was happy with how hard they worked.

“The competition level was as high as they have seen all year and they really battled hard and it paid off.”

In the women’s ACAC championship race, Emily Lucas, ACAC Rookie of the Year, claimed a bronze



medal while Rachel McKenzie finished fourth and Dina Iatrou finished sixth.

In the men’s race, Alex Harding brought home the individual gold while teammate Andrew Harding took bronze, Boaz Korir finished fourth, and Moses Cherreret finished sixth.

In basketball, the women’s team won both their games last weekend against the Red Deer Queens and Olds College Broncos, while the men’s team lost both their



PHOTO SUBMITTED
(Left) The women race to the finish line as they compete at the CCAA cross-country championships on Nov. 13 and 14. (Above) The Kodiaks men’s and women’s cross-country team at the CCAA awards banquet in Brockville, Ont. on Nov. 14.

games against those same schools. Both teams will head to Calgary this weekend for a matchup against SAIT Saturday night

In volleyball, both the men and women’s team lost their two matchups last weekend against the Briercrest Clippers. They have a chance to redeem themselves this weekend with a home and home series against the SAIT Trojans.

Fire Fashion Fellowship



Clockwise from top left: (Photo 1) A veteran carries a Remembrance Day wreath. (Photo 2) Residents of The View at Lethbridge proudly show their patriotic on Remeberance Day. (Photo 3) Sadie Atwood models local designer's latest creation. (Photo 4) Elizabeth Potter smirks while striking a pose at Lethbridge Fashion Weekend. (Photo 5) Captain Sean Stanford, Captain Brett Barfuss and Fire Chief Cliff Blackwell monitor the blaze of the multi-day fire south of Welling on Nov. 14.

TOP THREE PHOTOS BY DAVE JOHNSON
BOTTOM TWO PHOTOS BY CRAIG KAMBA