



What year did this week's newspaper flag come from? See page 8

ENDEAVOUR

Oct. 8, 2014 Vol. 50, Issue 1

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A friend to the community



Kamal Dahal celebrates with friend Michelle Mathers after receiving the Immigrant Achievement Award from Lethbridge Family Services on Oct. 1, 2014.

Photo by Ann Gibbons

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ONLINE

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Kamal Dahal sits with his family at the fifth annual Immigration Achievement Awards at the Galt Museum and Archives on Oct. 1.

Photo by Ann Gibbons

First generation immigrant receives Achievement Award for volunteer work in community

ANN GIBBONS

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When Kamal Dahal came to Canada in 2010, he never thought he would become such a prominent figure in the Lethbridge community.

Dahal, a Bhutanese immigrant was planning on moving to the US, but had a change of heart thanks to his uncle who had already been living in Lethbridge for 10 years.

Dahal's uncle helped Kamal and his wife get in touch with Lethbridge Family Services and its Immigrant Service Division to help with the transition. Lethbridge Family Services was established in 1910 and has since grown into a full-fledged community-based organization with four areas of specialty including Immigrant Services, Dacapo Disability Services, Home Services and Counseling, Outreach and Education. Immigrant Services was established on April 1, 2000. It is the only organization devoted to Settlement Services in Lethbridge and surrounding area.

Dahal started working with LFS and Immigrant Services as an interpreter. "I started with 30 people in my basement," says Dahal who helped them understand

how to get their learner's licence. He also helped his community by volunteering to organize fundraisers and festivals for the LFS and Immigrant Services.

On Oct. 1, Kamal received the Immigrant Achievement Award for his volunteer efforts in his community. This was his second award from Lethbridge Family Services. The Immigrant Achievement Awards was formed in 2009 by LFS. IS Program Director Sarah Amies and previous Education and Outreach Coordinator Aurora Bello.

The award ceremony was established to honour the great achievements first generation immigrants have made since their arrival in Canada. Coming to Lethbridge, Dahal had to start from the bottom, even though he had EMS training from Nepal. Dahal is taking upgrading courses at Lethbridge College for the next four semesters and then hoping to take the two-year nursing program.

His desire is to continue working in the medical field. Dahal says that he has to work really hard to achieve his goal but knows that with hard work he will get there. He continues to encourage other immigrants to pursue education at Lethbridge College.




Photo by Ann Gibbons

Kamal Dahal (right) receives the Immigrant Achievement Award next to the owners of The Regent, Wayne and Rhonda Kwan, who received the Achievement in Business Award.

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They are closer to closure

Safeway set to shut its doors forever

COREY POHL
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The closing of Park Meadows Safeway in North Lethbridge has affected the shopping habits of loyal customers.

Not only has the announcement of the closure affected shopping habits of the customers, it has also affected where people can fill their prescriptions.

As of Oct. 8, 2014 at 5 p.m. the pharmacy at the Park Meadows location will be closing. Customers will now have to find other pharmacists to fill their prescriptions.

Every customer that has refills past Oct. 8 that haven't found a new pharmacist, will have their information sent to the Bluefox Blvd. Sobeyes location.

"Safeway was convenient for me. I'd drop off my prescription do my shopping and then go pick up my prescription. With it being transferred to Sobeyes I'll just do the same thing there." said Barb Beekman.

With three pharmacies within a five-block radius, most have decided to make the switch in the last couple of months. With the closure less than nine weeks away, all of the loyal customers of the Park Meadows Safeway location have been forced to find other places to shop. With a majority of the customers being older and not being able to drive, it was a convenience for them to shop there

because it's within walking distance. Many are concerned with winter coming up that the walk to Sobeyes or Wal-mart is way too far in the cold.

"It's going to be tough to see this store close down, more so for the seniors that don't drive. They will have to take a bus or get a family member to drive them to do their shopping which is a shame." Ella Martin said. There are a lot of customers that are loyal to Safeway because they like their Safeway brand products. They are a cheaper alternative to the brand name products and are still high quality.

"I like the Safeway brands and I'm not going to drive to the south side of town to get them." Another customer Harold Martin said. There are also a lot of customers that shop at the Park Meadows location because of their relationships with the employees. Most of the loyal customers are on a first-name basis and enjoy the conversations they have each time they're in the store.

"I've been shopping here since the store opened, and I'm disappointed because of the relationships I have with the staff," said Margaret Greenwood.

With two months before the store closes its doors for good, it's safe to say the general consensus is that the customer are not happy about it. But no matter how they feel, there's no changing the fact the entire store is closing as of Dec. 6.



Photo by Corey Pohl

Misty McDonald shops Sunday afternoon at the Park Meadows Safeway location.



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Photo by Sean Milan

Lethbridge College students prepare to get on the bus after another day of classes Oct. 7.

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life GOES ON...



SEAN MILAN

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On average it takes me 50 minutes to get to Lethbridge College from my house, which is about a 12-minute drive with some traffic. Is this acceptable in a city of this size?

The Lethbridge Transit system in Lethbridge has recently undergone a redesign this September to its routes. This could be the start of a new era in Lethbridge where more people travel by transit rather than their car.

There may still be room for improvement. What could that look like and how would that affect the city and the thousands of people who travel every year?

I moved to Lethbridge in 2013 where I entered my first year at the college. I had a car, a 1997 Pontiac Sunfire. It served me well until it suddenly stopped working towards the end of October that year. I decided to start using the bus.

I live on the west side and let me say that it is not as convenient to take transit around the city as I thought it would be.

When I heard about the new change, I thought I'd get to the college faster, however it still takes me roughly the same amount of time as before and sometimes

even longer.

One of the biggest annoyances about the current system is that all the buses from the university terminal head downtown and then you have to catch a bus from downtown to the college, which can sometimes be a 20-minute wait time. I've lived in some big cities like Toronto, Ottawa and Dublin.

Of course all of these cities are much larger than Lethbridge, but why can't we have as good a system as them?

For example, how wonderful would it be if there were express buses that went directly from the university to the college and did not stop downtown? This would cut travel time in half for my morning commute and for a lot of other students who live on the west side and go to school at the college. At the end of the day it would take me back from the college to the university, once again avoiding the downtown.

If I really needed to go downtown I would get on a bus that goes downtown, but at the end of the long school day all I want to do is go home and get there as soon as possible. Is effective transit like this in Lethbridge possible?

Audra McKinley the manager of Lethbridge transit says, “If the demand warranted such a route design, and transit

did not have an existing route that could be changed to make this accommodation, then a recommendation would need to be made to council by city staff for additional funding.”

So it's possible! Great, I guess the next thing is would people use this new route other than myself? I asked some students who drive to the college and university that if a route like this did exist, would they rather take transit than drive?

Erin Lindoff has classes at both the college and university and thinks a direct route between the schools would be beneficial, “I would look at that potentially as a better option.”

Think of how many students who do not have the luxury of living on the same side of the coulee that they attend school on, would benefit from a route like this.

Students wanting to travel to the university could bus to the college if that is closer for them and then take a direct bus to the university and students wanting to travel to the college could bus to the university and take a direct bus to the college!

This is what Lethbridge needs, but maybe this will never come to pass and maybe I'll just have to live with the fact that I can't bus to school in under 30 minutes. Still, life goes on!

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Submissions to Letters to the Editor should be exclusive to The Endeavour. To submit a letter, include name, address and daytime phone number. Keep letters under 250 words. The Endeavour reserves the right to edit for length, taste and clarity.

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Do not send attachments.



St. Patrick's Cemetery is where the tours will be taking place Oct. 10 through 25.

Photo By Alexander Marshall

Cemetery tours coming your way

ALEXANDER MARSHALL
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In the spirit of Halloween, the Galt Museum will be holding its annual cemetery tours this month.

The tours are taking place from Oct. 10 through the 25 and will be held at St. Patrick's Cemetery. The tours educate the community on the untold history of Lethbridge. From mysterious deaths to adulterers, Lethbridge has a surprisingly storied past.

Tour host Belinda Crawson tells an

array of untold stories from the past. Marketing/Communications Officer Anine Vonkeman says that while the history of Lethbridge may not be a pretty one, it's definitely a story that should be told.

"Belinda Crawson focuses on the sort of the interesting and more mysterious stories of the past that tells some of the early history of Lethbridge. She looks

at a tar and feathering case, some adultery cases and baby deaths and some things related to the prohibition era, so it talks about not a pretty past, but that's okay," says Vonkeman.

"It's just a really interesting way of learning about the place where you live and learning about some of the interesting characters that existed in the past and it's definitely history that you

don't learn in school."

The tours will be held in the older part of St. Patrick's Cemetery, so that the tours can be done respectfully and insure that relatives of those that passed away more recently are not disturbed.

All tours will take place at night, so visitors should be sure to bring a coat, a flashlight, a hot chocolate and maybe even a friend.

Tickets for the tours are \$5 each. For more information, visit the Galt Museum at www.galtmuseum.ca or call (403)-320-3954.

"It's just a really interesting way of learning about the place where you live!"

ANNIE VONKEMAN

Lethbridge Arts Days a success

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The fifth annual Lethbridge Art Days has come to a close once again in the city and the support from the community was in full bloom. The celebration of art in the community started Sept. 21, and ran successfully until the 28.

There were well over 20 events throughout the week that took part and with it brought the participation of many artists within the city and surrounding areas. Arts day events ranged in huge variety from street performances, film screenings, art walks, gallery hops and so much more. The event was open to all ages and engaged different people from all walks of life.

Workshops and demonstrations that

went on through the week welcomed new people to the arts community with such things as painting, chalk art and comic drawing. The event is a great way to pull people within the city of Lethbridge into the cities downtown core to explore the gallery, theatre and other participating spots such as local businesses.

Casa Gallery, Southern Alberta Art Gallery, Lethbridge Public Library and the Galt Museum were some of the key players in the week and were the venues for many of the Art days celebrations.

"Art Days is an important event for local artists and local community members because the event lends itself to an environment for creative thought and relationship building," said local artist and art enthusiast Sam Loewen who attended many of the week's events



Photo by Kaitlyn Fraser

From left to right: Claire Peter, Jamie-Lee Girodat and Samantha Davis at the SAAG Art Days.



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LIFE

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Students offer massages

KEANNA NELSON

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Instructors of the massage therapy program have organized a clinic that runs at 5 p.m. every Tuesday, Wednesday and Thursday.

Students from Lethbridge College or any residents from Lethbridge can book an appointment for \$15. The massages are performed by students currently enrolled in the program.

“The purpose of this clinic is to provide our students with a real-world view of what practicing massage therapy looks like,” said Rosemary Shannon, a massage therapy instructor.

Second year student Pindy Sidhu says these clinics help build the confidence you need when working in a clinic.

Instructors from the massage therapy program want these clinics to create more awareness of the students here at Lethbridge College. It helps massage students build a bigger clientele.

“It would be nice if students at Lethbridge College came to the clinics during their tenure and got a massage. That’s one way we can increase the overall number of clients out in the real world for our students,” said Shannon.



Photo by Keanna Nelson

At the massage clinic, students have the option to have a half-hour or hour massage for \$15 or \$25.

Eaglesmith soars onto campus

JAY HOLY SINGER

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Lethbridge is gearing up to aim at the younger crowd within the city in hopes to gain a large crowd for shows and events.

It can be tough for those who are new to the city without knowing what goes on after dark. The growing city proves to new and current residents, that there are plenty of events that can be memorable by getting out of the house.

Geomattic Attic is a promoting company here to make an impression. Geomattic hosts Fred Eaglesmith, a Juno award-winning alternative-country artist who made his network television debut on The Tonight Show with David Letterman four years ago.

Eaglesmith will be headlining the night on Oct. 15 at the Lethbridge College Barn. Music concerts are known to leave an impression for newcomers to the city and these artists are just a few to look out for. Keep an eye out for what’s in the spotlight this fall, with more events and artists being announced weekly.

For more details, check out geomatticattic.ca

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(ages 6-12)

- *Daycamp and Summer Overnight Camp
- Youth Night - Friday Night Gym & Swim
- TGIF - Friday Afternoon Gym & Swim
- Drop in Supervised Rec Programs
- Open Swim and Lane Swimming
- Fitness Centre & Weight Room w/ parental supervision
- * Youth Strength Training
- Drop-in Racquetball
- *Swimming Lessons
- Youth Leadership
- *Swim Club
- Open Gym

For Teens

(ages 13-17)

- Youth Night - Friday Night Gym & Swim
- Fitness Centre and Weight Room
- * Youth Strength Training
- Group Fitness Classes
- Drop in Racquetball
- Lifeguard Training
- Youth Leadership
- * Swim Lessons
- *Swim Club
- Open Swim
- Lane Swim
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For Adults

- Group Fitness Classes (Land & Water)
- Fitness and Weight Room Training
- *Health and Wellness Workshops
- Strength and Aquatic Rehab
- *Pre/Post Natal Programs
- * Adult Learn to Swim
- Drop-in Racquetball
- *Triathlon Training
- Open & Lane Swim
- *Personal Training
- *Child Minding
- Open Gym

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Blast from the Past

A flip through Endeavour history



Endeavour Exposed

1965



Photo by Endeavour Staff

Above are pictured students representing twenty-five countries taking part in the Lethbridge Junior College's International Week. Archive photo from Endeavour volume 1, issue 1, November 26, 1965.



HIT LIST

Top Albums 1965

1. Bob Dylan - Highway 61 Revisited
2. John Coltrane - A Love Supreme
3. The Beatles - Rubber Soul
4. The Beatles - Help!
5. Otis Redding - Otis Blue

Top Movies 1965

1. The Sound of Music
2. Doctor Zhivago
3. For a Few more Dollars
4. Marriage on the Rocks
5. Thunderball

About Lethbridge

- Mayor - Frank Sherring 1962-68
- Population - 36,805

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PREVIOUSLY PRINTED

Junior College - Front page editorial

The residents of this town, the faculty of this college, and most important, the students have been crying for the establishment of a third university here in Lethbridge. Still, regardless of whether we have ten million dollars worth of buildings and equipment, ten thousand students and the top instructors on the continent, this "place" will never become a university until the attitude of some of the students has changed dramatically.

Over this last week the L.J.C has been presented with what we would call the cultural highlight of its existence, if not with the

cultural highlight at least with a high peak in human relations. We have been offered a chance (perhaps a once-in-a-lifetime chance) to learn of other nations, of other peoples, of other cultures. Countless time and effort have been expended over the last month or two to prepare this display.

And what do we find are the results of this effort? As of press time (Monday) we have seen very little enthusiasm, much PR position but mostly apathy. One would have thought that by the time students reach this stage in their education they would have acquired an open-minded, mature, inquiring attitude regarding

life in general.

Yet in this "place", the Student Council, in a childish fit of pique, has thrown what is tantamount to a tantrum. They have refused to aid, in any substantial way, the efforts to make International Week a success. They would not help sell tickets for a raffle in which 1/3 of the proceeds were to The Community Chest, and 1/3 to the Council. Members of the Student Council soundly condemned the efforts of the Good Citizenship Club. Why? Because the Good Citizenship Club had earlier said that they would need no more help from the Council and because the Club removed

some of the Council posters without permission. Granted some things were done without overly much etiquette and without overly much publicity. Yet for this excellent opportunity to prove to the community here that we are ready for a university, such things could surely have been overlooked.

When attempts were made to have music from around the world played over the radio, one of the members of the Council condemned it, desiring instead, the "Canadian" sound. The Beatles.

Host students here claimed they didn't know anything about International Week. Yet posters advertised what was going on, and in any areas where information was lacking it certainly wouldn't have been hard to get. Yet at the first showing of films, the great and astounding number of 15 turned out. Enthusiasm?

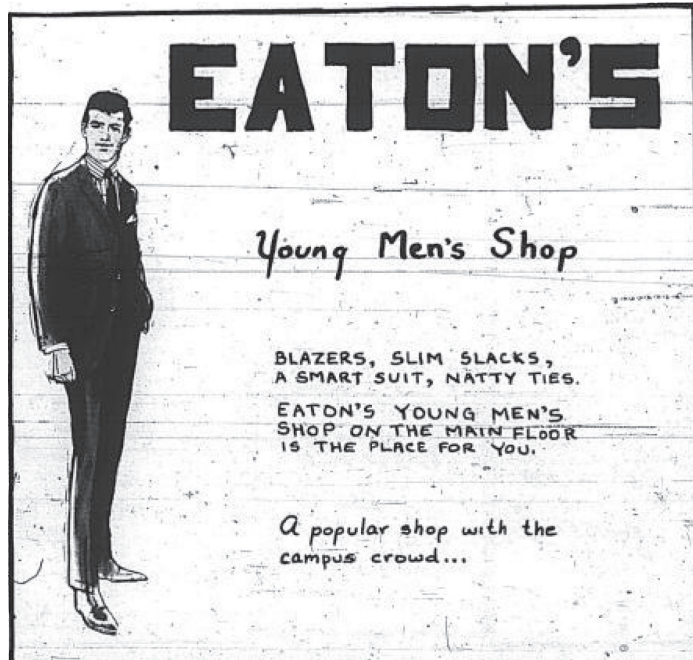
And what was it that students and the Council supported and pushed instead of the International Week? The Ugly 1. A glorified Halloween! Now if The Ugly isn't a display of immaturity as opposed to a mature, informative week of cultural exchange, what is? As far as we are concerned, the suitability of the new Lethbridge Junior College was impressed on our minds by the episode.

ON THE MARKET 1965

Cost of Gas: 44.9¢/gallon

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Stayin' safe while stayin' sexy

ERIK MIKKELSEN

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It may seem like events such as Sexy Bingo are all fun and games, but the great part is they provide awareness of sexual health.

Lethbridge College Students' Association partnered with a key community group in a bid to keep its students healthy and safe.

The LCSA and HIV Connection Lethbridge hoped to erase taboos around sexual activities for college students by hosting the event on Sept. 26.

The event was aimed at dispelling the myths and misconceptions about student's sexual practices.

This was the LCSA's third sexy bingo event with a bigger turnout than ever before.

Students gathered around bingo cards trying to win a variety of sexual prizes.

Students were invited to the cave to participate in sexy bingo, a night set up like a regular bingo hall, with a sexier twist.

Free condoms were handed out by the HIV Connection Lethbridge, who were also available to answer any student questions.

Outreach worker for HIV Connection, Madison Holtner said many students have questions but are afraid to ask.

"Because people have put so much taboo on it, like it's not something we talk about. There are options out there and that they can talk to people about it. It's not a big deal and there are people doing it," said Holtner.

Between each bingo round, students were selected to participate in mini challenges for more prizes, with the focus of the night being safe sex among college students.

LCSA events and communications



Students attend sexy bingo and promote awareness about safe sex.

Photo By Erik Mikkelsen

coordinator, Tanner Marcer said Sexy Bingo is a fun and quirky way of promoting and talking about safe sex.

The LCSA increased the amount of prizes for girls and guys this year because of the event's growing popularity.

That night the cave was packed with

students and organizers scrambled to print more bingo cards before the games had started.

Organizers say there will be more preparation for the large numbers of people expected to attend sexy bingo in years to come.

The word on the street festival was here

DILLON REIL

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The Word on the Street Festival encourages reading across Canada for children and adults. Lethbridge is just one of the cities across the country this festival is held in and is on its way to becoming a tradition here.

With the aim of improving literacy throughout the city, the festival allows

organizations and writers to come together. Event co-coordinator Bonnie Mikalson Andron says diversity is one of the festival's strengths.

"It changes every year, four years is not a long time to have been doing a festival. So there are always some little tweaks. This year we have a great cross section of authors, a great group of exhibitors coming out and some great bands on our main stage."

"We just need to get a different variety of writers: fiction, non-fiction, adult, teen, kids and just have a wide spectrum for the community to see."

Author and art journalist Halli Liburn was one of the many writers exhibiting her works at the Word on the Street and she believes in the festival.

"I'm an advocate of literacy and I find that giving kids especially, the opportunity of reading something they like is really

important to me. That's one of the reasons I put my book together was for my own children. I wanted material that I approved of that is fast-paced and engaging to help expanding their imagination."

Literacy is alive and well at The Word on the Street Festival, with adults and children alike improving their literacy skills. This year's festival was regarded a success by the library and will be returning next fall.

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Significant decline in intramural enrollment

COLE SMITH

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The Val Matteotti gym is usually erupting with the sounds of dribbling basketballs, hockey sticks clapping and shoes screeching. Lately though, these sounds are heard less and less. Over the past few years, administrators have noticed a decline in the amount of teams signing up for intramurals. Lethbridge College has been known to promote healthy living to its students and intramurals have been a big part of that.

“Enrollment has gone down a lot, so of course we don’t get the numbers like we used to”, says J.P. Gentile, Lethbridge College Students’ Association campus recreation manager.

Over a decade ago, the LCSA was turning teams away, with a maximum of 20 teams per sport, but now they struggle to get more than 10.

The most affected sport is arena football. Once having a busy schedule has now become drop-in only because a single team hasn’t signed up in the past two years.

Lethbridge College Student Jonathan Hirsh has been playing intramural sports since 2012 and thinks students being overloaded with homework have caused the lack of interest.

“From what I heard [it] was academic reasons or they don’t want to commit to a team,” says Hirsh.

Others attribute the decline to being preoccupied with technology or a general disinterest in physical activity.



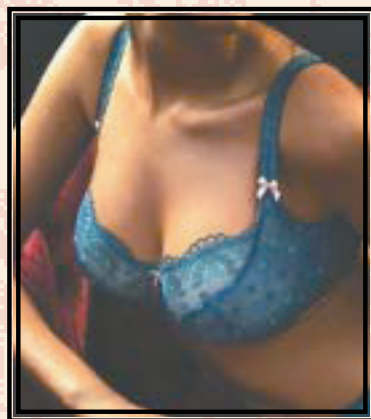
Photo by Cole Smith

Students playing floor hockey on Oct. 2. More students are always welcomed to join the variety of intramural sports that the college has to offer.

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So why, given all the money and energy we pour into our looks, do some women still consider it an indulgence to invest in a good bra?

Are you wearing the right size of bra?

Eight out of 10 women wear the wrong size bra. Almost every woman has heard this statistic and our experience has confirmed that about 80% of the customers that walk through our doors for the first time are wearing the wrong size bra. How can you tell if yours is correct? Take a few moments in front of a mirror and ask yourself the following:

Does the front and back of the band sit perfectly even around your rib cage? - It should not be riding up in the back. If you are always pushing and pulling at the band, it doesn’t fit! Your bra should fit firmly around your back since that’s where most of the support comes from.

Do your breasts creep over the top or spill out the sides of the bra? – No one looks good with the dreaded spillage! And there should never be breast tissue coming out the bottom. When you reach your arms to the ceiling, do your breasts pop out the bottom?

Does the underwire fit perfectly flush against your body? – The underwire should sit right against your chest wall in the front (unless you have a concave chest issue). An underwire should sit perfectly around the breasts and never poke into them.

Come in today and let us find the perfect bra for you!

SPORTS

Have a sports tip or know someone who has a story that begs to be told? Get in touch with us! 403.320.3301 • endeavour@lethbridgecollege.ca



Allie Trimble stands on the Kodiaks Home Field.

Photo by Taneal Viergutz

Lethbridge legacy strikes strong

TANEAL VIERGUTZ

taneal.viergutz@lethbridgecollege.ca

Growing up with three older siblings, all very involved in the Lethbridge athletic community, it is no surprise that a young girl would follow in their footsteps.

Embarking on her soccer career early, she first stepped out onto the field at age nine, wearing royal blue and white.

Improving her skills and feeding her passion, Allie Trimble made her first appearance representing her hometown in the U-12 tier one with the Lethbridge Chargers.

Coach Gary Saler recognized Trimble as being very coachable and a leader, placing her in midfield.

That season the Chargers brought home gold from provincials and were known not only as the come-back-kids, but the team to beat.

The years passed and Allie, now facing young adulthood, was challenged with the death of a teammate after a long struggle with brain cancer at age 12.

"Losing Stephanie to cancer so young was hard to deal with... you never expect it to happen to someone so close to you," says Trimble.

The loss of a teammate could stifle the dreams of most, but the knowledge of her friend's love and passion of the game only increased her drive and determination.

"Every time I step on the field for a game, I always play for her. Seeing the way she fought and continued to stay strong makes me want to push and fight in every single game," says Trimble.

Over the years Trimble and the Lethbridge Chargers continued to bring home the gold, conquering tournaments in Calgary and Red Deer, as well as crossing the border to take on American opponents in Spokane and Kalispell.

In 2008 the Charger name retired, and the Lethbridge Football Club (LFC)

emerged. Bonds were built and a family-like relationship was formed between the players and coaches.

"Allie has always been a part of our family and she always will be...so I guess that makes Allie my extra daughter," says coach Saler.

Representing Lethbridge for the past decade, Trimble has now continued her local legacy at the post-secondary level here at Lethbridge College.

"I wanted to continue to play soccer at a highly competitive level...there are also girls on the team whom I've played with since we were little," says Trimble.

Women's Kodiak soccer coach Mike Racz first coached Allie when she played U-16 soccer with the LFC, and knew she would be a good fit for the program.

"Allie has played at a very competitive level of soccer and hockey...this experience is a valuable asset to her and is an important characteristic we look for in players," says Racz.

With three wins in the Alberta Colleges Athletic Conference (ACAC) south division under their belt, Trimble continues to showcase her skills with the Kodiaks.

"She is a very technically and tactically adept player...very committed to the team and always works hard at practice," says Racz.

Finding balance between athletics and academics has proven to be tougher than expected for Trimble, who is enrolled in general studies, but her love for the game triumphs over the challenge.

"Having a great group of girls and coaches makes me love the game so much more.... always going to practice knowing you're going to have a good time and get better each day makes it easier," says Trimble.

She and the Kodiaks will continue their season on Oct. 18, 2014 taking on the SAIT Trojans at noon in Lethbridge.



Allie Trimble practices for the Kodiaks on Wednesday, Oct 1 on their home field.

Photo by Taneal Viergutz

eFUN

Fun Fact: The first cat video was taken by Thomas Edison. The video was two cats boxing inside a tiny ring. The 20 second video was filmed in 1894.

What's your horoscope?

BY BRIANNA FAWCETT-BERTHELOT

If you're having some troubles? Blame it on Mercury Retrograde.

Aries (March 21 - April 20)
New enthusiasm shines light on big plans. Pay extra special attention to relationships with others and yourself.

Taurus (April 21 - May 21)
Expect the unexpected. The ability to adapt to changes will help you out significantly.

Gemini (May 22 - June 22)
Participation is key. Work with friends to make things happen and make tasks less daunting.

Cancer (June 23 - July 23)
Finish anything that needs finishing, a new project is around the corner.

Leo (July 24 - August 23)
New opportunities are unfolding. Don't be afraid, close old doors to open new ones.

Virgo (August 24 - September 23)
Avoid major decision making and expect a change in finances. Don't let your emotions overrule spending.

Libra (September 24 - October 23)
Emotions run high, don't let them get the best of you. Collaborations with partners will take you places.

Scorpio (October 24 - November 22)
Your energy is low. That's okay, take a break from life and make some quality time for yourself.

Sagittarius (November 23 - December 22)
You really want to have fun at this time. Do it, emotional releases bring freedom.

Capricorn (December 23 - January 19)
Arrogance and pride will try to get in your way to success. Be professional, responsible and practical.

Aquarius (January 20 - February 19)
You want to experience more and now's the time to broaden your horizons and step outside of the box.

Pisces (February 20 - March 20)
Your focus is on yourself. Your mood is very intense; and a little secretive.



Wednesday

October 8, 2014

Wellness Wednesday
There will be yogurt parfaits down in the Lethbridge College core starting at 11 a.m.

THURSDAY

October 9, 2014

Thirsty Thursday also known as "National Student's Day," will be hosted in the Lethbridge College Cave at 11 a.m.

FRIDAY

October 10, 2014

Galt Museum cemetery tours begin October 10th and run until the 25th.

THURSDAY

October 16, 2014

Open Mic Karaoke is being held in the Lethbridge College Cave starting at 8 p.m.

FRIDAY

October 17, 2014

Lethbridge Comic Con begins. It will be held in the D.A Electric Barn - Lethbridge College

THURSDAY

October 30, 2014

Hallow - Rave will take place in the Lethbridge College Cave starting at 8 p.m. Prizes will be given for best dressed.

HAVE AN EVENT TO SHARE?

Email us at
endeavour@
lethbridgecollege.ca
to have it added
to our digital calendar.

@eGramLeth



Photo by @zoeyshaefter

Congratulations to @zoeyshaefter for submitting this sweet photo of the Lethbridge coulees.

SHARE YOUR INSTAGRAM PHOTOS WITH US by using the hashtag, #LCEFun. If we like your photo, you may find it published here!

DIY Charging Station

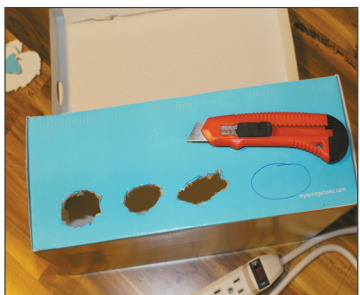
BY ANN GIBBONS

Get that mess of wires in order; and make sure your handheld devices are ready to go with this homemade charging station. You'll need a ribbon box or a shoe box, a power cord and a utility knife.



Step 1

Take your box and trace out five circles, four on the front of the box and one the side. Label over top of the cut out holes for your phone, computer and Ipad charger cables so you know which one goes where.

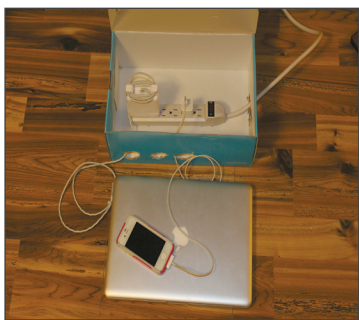


Step 2

Take your utility knife and cut out the traced circles. If you don't have a utility knife use a pair of scissors.

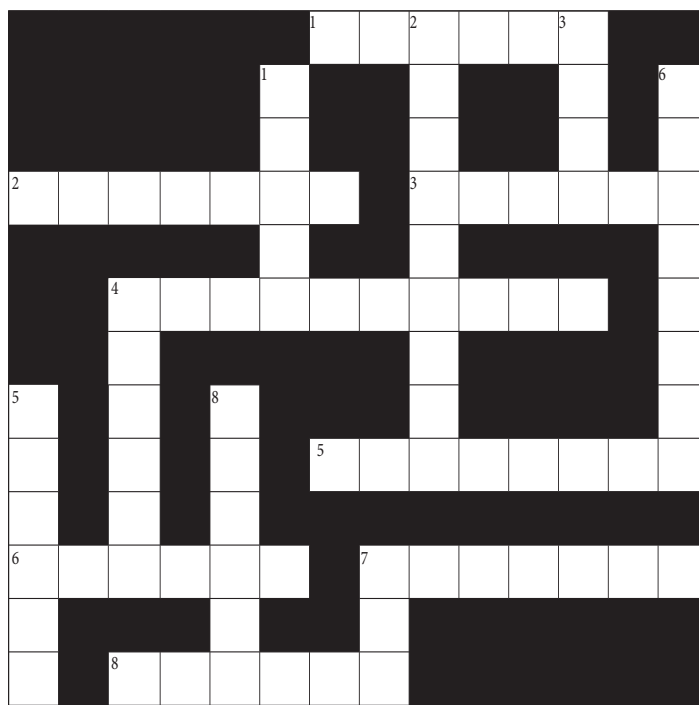
Step 3

Place your power cord inside the box and pull the cord out through the hole on the side and plug into your main outlet.



You now have your fully functioning charging station; and your wires will be out of site and tangle free. You can decorate the outside of the box if you wish, so it doesn't look so plain.

CROSSWORD BY SASHA



ACROSS

1. Descendant:
2. Remove before cooking:
3. Family _____:
4. Curved goats horn:
5. Bountiful _____:
6. You should give this:
7. Popular pie:
8. Pilgrims went on this type of trip:

DOWN

1. Cornucopia is what kind of word:
2. Pilgrim transportation:
3. Sweet starch:
4. New World:
5. Turkey neck:
6. After dinner:
7. Baked dish:
8. Traditional meal:

SEE THIS WEEK'S ANSWER ON OUR FACEBOOK PAGE - ENDEAVOUR NEWSPAPER - LETHBRIDGE COLLEGE

Thursday Night Specials



Name That Tune!

\$3.75 Highballs

\$2.75 Shooters

\$1.50 Draft



1025 Mayor Magrath Drive South