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QUOTE OF THE WEEK

*“He’s probably a harder worker
than most people, I think it
will work out for him.”*

See **DOUBLE JOB OFFERS FOR DUTCH** page 5



October 21, 2016 Vol. 52, Issue 02



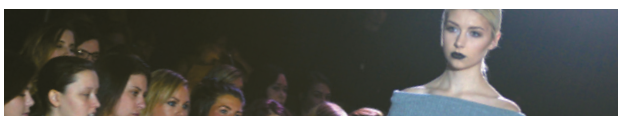
ENDEAVOUR



Alice Cooper

The famous musician rocked out at the ENMAX Centre with fans and band members Oct. 13.

By Darashea Gregson Page 7



Fashion Weekend

Lethbridge designers showcased their latest styles and trends Oct. 14.

By Steve Seto Page 9

Kodiaks Volleyball

Lethbridge College men’s and women’s volleyball teams began their season in the ACAC Oct. 14.

By Kayla Sarabun Page 4



Honouring Blackfoot Territory



PHOTO BY TODD EAGLE-CHILD

Torry Eagle-Speaker opens FNMI Days festivities with a traditional dance in Lethbridge College’s centre core Oct. 18.

New marketplace, new era

TODD EAGLE-CHILD
@toddeaglechild

The Kainai Marketplace is a new business located on the Blood Reserve and had its soft opening on Sept. 27.

The members of the tribe have embraced the marketplace as well as the local surrounding communities.

The Blood Reserve is located west of the city and is home to over 12,000 members, most of which support local businesses here in the city.

The average travel time of 45 minutes is required to reach neighbouring Lethbridge and surrounding towns.

In 2014, the Blood Tribe’s Economic Development conducted market research regarding the new business venture to which 80 per cent of the membership voted yes.

A partnership was established between the tribe, the Government of Alberta

a sense of pride!” said Monica Blackwater assistant head cashier.

The Marketplace also has its own meat cutting department, bakery, deli, fresh produce and all necessary products for

“This place gives me a sense of pride!”

MONICA BLACKWATER

Aboriginal Relations and Vision Quest BC to set up the business.

The store is supplied by The Grocery People who also supply the local Co-Op grocery chains.

The Kainai Marketplace is a 12,000 square foot, \$6-million state of the art building that employs over 20 Blood Tribe members.

New employees working for the new store are having positive feedback.

“I feel like I’m a part of this business, this place gives me

its customers.

As the tribe strives to become self-sufficient the Kainai Marketplace marks a new era of tribal investment.

“There’s a whole host of business opportunities waiting to be explored,” said Malcolm Donaldson, general manager for the Kainai Marketplace.

The official grand opening ceremony will be held on Nov. 18 and 19.

This is Kainai’s first grocery store in several years.

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Racial tensions bring about awareness and unity

TODD EAGLE CHILD
@toddeaglechild

It was on a crisp fall morning on Sept. 30 when a city woman was found clinging to life after being beaten, sexually assaulted and left to die.

As the news of the horrific attack hit the streets, all that was known was that police were still on the lookout for the attacker.

An arrest was eventually made and the accused was a man from the Blood Tribe. He now faces attempted murder charges.

His face and name was plastered all over the media, the upheaval was felt throughout the city, the province, and our nation.

The 25-year-old woman remains in the hospital in a medically-induced coma to help control the bleeding in her brain.

The anger and frustration from the attack had city residents on edge.

People were hesitant to go outside alone. There were reports of natives being attacked, social media was buzzing and tensions were high.

The leaders of the Blood Tribe stepped up and met with the City Mayor Chris Spearman to discuss the events hoping to suppress the backlash.

The Tribe released a statement expressing great concern for the victim and says the tribe does not condone violence.

"Despite the accused being from the tribe, the incident should not be a reflection of every one from the reserve.

It's unfortunate that this is happening because the Blood Tribe and the city of Lethbridge have been working to develop a positive relationship," said Rick Tailfeathers, Communications Director for the Blood



People gathered in Galt Gardens to unite together to bring peace to the community.

PHOTO SUPPLIED

Tribe. As the Blood Tribe has a historic presence in Lethbridge they want to maintain their good neighbour relationship.

Also residents of the city also wanted to reach out and show support.

From this societal turmoil a group was formed in the city. People wanted to take a stand together and bring about awareness and understanding.

Communities in Unity is a grassroots organization of members of various backgrounds and organizations throughout the city.

Members are dedicated to celebrating and supporting diversity in Lethbridge and the surrounding area.

The group hosted a round dance at the University of Lethbridge and Galt Gardens on Oct. 14 which Mayor

Spearman attended.

"We don't want to see any more violence occur because of this incident and we want to take a negative situation and have a positive outcome.

That's why we started this discussion," said Lori Brave Rock, Communities in Unity spokesperson.

The group also attended the candlelight vigil held in the victim's honour at Henderson Park that evening.

This incident comes just weeks after the Sisters in Spirit vigil for Missing and Murdered Indigenous Women was held across Canada.

This shows that violence against women knows no race. When one member of society is attacked organizers feel the community must stand together in unity and understanding.

Alberta oil still down but economy looks up towards bright future

COLE PARKINSON
@coleparkinson4

Projections are showing growth for Alberta's economy in 2017.

After two years of a recession, economists are predicting a rebound for next year.

Todd Hirsch, ATB Financial's chief economist, forecasts some modest growth but sees oil prices staying lower than most would like.

"I see them remaining pretty flat around \$50 to \$55 a barrel, kind of the range they are at right now" Hirsch says.

Oil may be Alberta's biggest source of income but due to the recession prices have fallen to below \$40 a barrel during

the year, the lowest level since early 2009.

The other sources of revenue for Alberta have been more successful according to Hirsch.

Agriculture, forestry and tourism have done quite well this year and the projections show for some positive growth for next year as well.

Though they aren't as big as the oil market, Hirsch believes they have seen some growth due to the low oil prices.

Another market that has potential for success in Alberta is the high tech sectors such as technology development and manufacturing.

"I think there will be some spillover from B.C., we have a skilled labour force and a ton of office space!" Hirsch says.

While we have to wait and see if Alberta does eventually move into the tech business, people are still relying on oil.

According to Statistics Canada, approximately 133,053 people were employed in Alberta's upstream energy sector, which includes oil sands, conventional oil, gas and mining in 2014.

Doug Lapointe is a pipe fitter living up in northern Alberta.

He says oil plays a big factor in his hectic work schedule.

"When the oil slows down, we slow down too," Lapointe says.

Oil is currently on a slow upswing and he says the work has begun to pick up after a slow few months.

Not everyone was affected negatively by the recession. James Carter who is the Regional Vice President of Primerica says due to the economy slump, his business has picked up.

"It has created more opportunity because people are struggling and they need help, it has been double than the previous year," Carter says about how he has personally been affected.

The end of the year projections still shows a decline until early 2017, where the tides should begin to turn.

According to BMO Financial Group, Alberta's economy is expected to fall by another 2.3 per cent by the end of this year, following a decline of four per cent in 2015.

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Starbucks provides mental health support Canadian employees receive benefit increase

KAYLA SARABUN
@kayla9614

A major coffee chain has taken a big step forward in mental health for their employees.

Recently, Starbucks has upped their mental health benefits to \$5,000 a year for employees that work more than 20 hours a week.

It is a significant increase from the \$400 that was previously offered.

Starbucks also isn't restricting the therapy covered, only requiring that staff see a licensed psychologist or social worker.

According to the Canadian Mental Health Association, mental disorders are health conditions that are characterized by alternations in thinking, mood, or behavior (or some combination thereof) associated with distress and/or impaired functioning.

Mackenzie Francoeur has been working at Starbucks for the past year, and believes the upping of benefits will be good for all of the employees.

"Everyone has things that they're dealing with in their lives, I'm happy to work for a company that is trying to combat mental health issues," said Francoeur.

Mental health and wellness is important for all jobs, from nursing to teaching and every job in-between.

Emily Scheller is a nursing student and says mental health benefits are extremely important, as a number of Canadians suffer from various mental health issues.

"In order to be able to function properly in society mental health issues need to be addressed in ways of counselling, life skill workers, support systems and the cost of medication is high," said Scheller.

Starbucks is leading the way for other retailers to help with mental health benefits.

Sam Scheller is in the first year of her education degree at the College of the Rockies in Cranbrook B.C.



PHOTO BY NICHOLAS NIELSEN

Barbara Harries enjoys a coffee from Starbucks, while she studies for an upcoming test inside the Buchanan Library.

and has learned just how important mental health is for students and employees.

"More and more students are on individualized education plans because of learning problems. Extra help for teachers would be able to help with students needs and their mental health," said Scheller.

Starbucks has been leading the way for several years when it comes to helping their employees.



Back in 2014, Starbucks offered its baristas a shot at an online college degree, as higher education is sometimes out of reach for its workers.

The coffee chain partnered with Arizona State University to make an online undergraduate degree available at a steep discount.

However this was only offered to the U.S. employees who worked at least 20 hours a week.

In addition to helping with education and mental health, the Starbucks Foundation contributed \$125,000 to help with relief efforts for Hurricane Matthew.

Bear hugs for everyone as Kodiaks volleyball season begins



Kaylee Bretin gives Kodi a hug as Kodiak athletes hand out popcorn in centre core to promote their games on Oct. 12.

PHOTO BY STEVE SETO



OPINION

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With USA candidates, is war inevitable?

When you think of the United States of America and its politics, what does it mean to you and your beliefs?

When you hear of a presidential candidate talk about building a wall to keep out certain people, would that interest you? What about sending troops into another country, would you be in favour of dropping bombs?

Do we know enough about the context of all these questions to make an unbiased decision?

Maybe we know only what the mainstream media want us to know, leaving the rest as conspiracy theorist crazy talk. Or maybe we just don't give a damn.

Whatever the USA does dictates what happens to us to an extent. If they don't want a pipeline of Canadian crude oil going through their country, it won't.

Certain trade agreements open borders between our countries so we can ride the wave of free trade. We enjoy most of the same TV shows, movies, music and products.

We then see the latest US Presidential race of who is the right person to tackle these problems and to make America great again.

Donald Trump, a real estate mogul and NBC's host of the Apprentice, decided to walk into the political arena and surprisingly won the Republican Presidential Nominee.

Trump spouts off distaste of illegal Mexicans, China's killing off of the economy and of the trillions spent on the war in the Middle East.

People were shocked, but yet the public embraced him and he became an actual contender for the US Presidency and that's when Canadians

really started to talk.

Does supporting Donald Trump make you a racist, immigrant-hating, woman-abusing person?

According to a *Washington Post* analysis from last December the Americans who support him are unfortunately the poor, unemployed and marginalized. It is the American public fed up with the current system and Trump is their Molotov cocktail they're throwing into the current political spectrum.

Then we have Hillary Clinton, the first female Democratic Presidential Nominee, who claims she is the right choice for the American people.

Hillary, who became a US Senator and then Head of State, is known for her e-mail scandal. Some call her a warmonger having stood by Obama's side during the rise of ISIS and the spending of over \$15 trillion on the "war on terror."

She currently backs the call for a no-fly zone over Syria to which the Russians and everyone else say isn't going to happen.

With the money this war has cost the American public, couldn't that have been spent on rebuilding America?

Looking back, doesn't it make our own politics seem so tame? Our biggest concern when Justin Trudeau was his stand on legalization of marijuana and debating if he was ready.

Just like the USA, we have our problems. Our poverty stricken mess of Indigenous government mismanagement, oil and gas crashing through the floor and trying to help refugees start a new life. Even with these problems we still do not amount to those of our neighbours.




Double job offers for Dutch

PHOTO BY COLE PARKINSON

Ty Hilgersom, who has bonded with Dutch over hockey at the Coaldale Snake Pit, on a Monday afternoon. The two constantly talk hockey and it's a big reason why they became good friends.

COLE PARKINSON
@coleparkinson4

A local man with Down syndrome has found work after handing out 32 resumes.

Dutch Moedt, 20 has been looking for a job and has finally found work, but not just at one place.

Both the Enmax Centre and Tim Horton's gave him a call back and have since put him to work.

Moedt says he enjoys the jobs that he's been given and likes them both equally.

"I like to scan the tickets at Hurricane games at the Enmax Centre and cleaning dishes and changing garbage's at Tim Hortons," he says.

According to Stats Canada, 12 per cent of Canadians

living with a disability reported to have been refused a job in 2011. Ty Hilgersom, who is one of Dutch's best friends, says that he was proud of his friend for his perseverance in finding a job.

"I was really happy for him, he worked really hard for it. He's a great worker for any company," Hilgersom says.

Moedt still lives with his family, but his determination to have more independence is what led to him getting a job.

Hilgersom thinks that due to Moedt's disability, people were hesitant to give him a chance even though he is a strong worker.

"He's probably a harder worker than most people, I think it will work out for him," Hilgersom says.

He works part time at Tim Horton's and a few times a

month at the Enmax Centre, which keeps him busy.

Dutch graduated from Kate Andrews High School in Coaldale in 2015, but now lives in Lethbridge.

People loved him in high school and Hilgersom thinks the customers, as well as everyone he works with, will be appreciative of what Dutch brings to the table.

"I think he brings a good attitude; he likes to make things fun which I think the customers will enjoy," Hilgersom says.

Working with people is the one thing Moedt had hoped for and now he gets a chance to do just that with both of his jobs. He also gets to show people exactly what he can do even though he has a disability. You may see him working hard at the next Hurricanes game or at your next stop at Tim Horton's.

Canada's team finishes season strong, exits playoffs a little earlier than hoped



As I'm sure you know, the Toronto Blue Jays have made the playoffs and I for one could not be more excited.

After a 22-year playoff drought, the Blue Jays have made the post season for two straight years.

Blue Jays fans all across Canada are hoping for a long playoff run that results in a third World Series championship for the club.

With 35 million plus people in Canada, I think it's a fair bet that a large number of us are Blue Jays fans and it shows when the team is on the road.

No other team in the MLB has a following quite like the Blue Jays.

I think the answer can be found in our love of hockey.

I don't think anyone can argue that hockey is our game but the only time we all rally together is when there is an international tournament.

During the regular NHL season everyone's loyalties lie with different teams, whether they be from Canada or not.

The Blue Jays are the only MLB team from Canada and no matter

what anybody says, Canada loves baseball.

The Jays are averaging 928,000 people watching on TV this regular season, 50 per cent more than last year. During the wild card game, over four million people watched according to Sportsnet.

They also had the best attendance in the American League, beating out teams like the Yankees and Red Sox.

The fans not only attend home games though as they travel extremely well, especially in Seattle where it seems like the entire western provinces go to the games.

Jays fans are a loud bunch too as you can always hear "go Jays go" chants in most of the stadiums.

Hockey may be our game but people are rallying around the Blue Jays.

Just goes to show when Canadians get behind a team, they go all out no matter the sport.

Even after getting eliminated by Cleveland in the American League Championship Series, Canadians are still showing appreciation to what they did this season.

Making the postseason for two straight years is something to be excited about, even with a big offseason looming for the Jays.

Now all we can do is just sit back and watch to see who Cleveland faces in the World Series as the Cubbies and Dodgers are tied at two a piece.

Trudeau's year in a nutshell: Did he do Canada justice?

With last issue's year in review of the Notley government, it only seems fair to do the same for the federal government, right? Especially after Trudeau just released his own thoughts on the matter.

With his come from behind victory in early October last year, he based his whole campaign on three principles: openness, optimism, and inclusiveness.

When it comes to his image, Trudeau is incredible at handling how the media portrays him.

Even those of us in the west have to admit that even if we don't like what he is doing, he comes off quite appealing. His speeches are patriotic and possibly inspiring if it weren't for the amount of "ums" and "uhhs" that slip out.

As for the things he has accomplished so far, he's made some pretty controversial decisions to say the least.

I'll start with the Syrian refugee crisis. Personally, I was not happy to know our government was spending taxpayer money to bring tens of thousands of people from a war-torn middle eastern country and housing many of them on Canada's largest military base, especially since members of ISIS were outright threatening that they would disguise themselves as refugees.

This view changed a bit when people started to arrive without an issue and we started to see extremely polite, gracious people living alongside us.

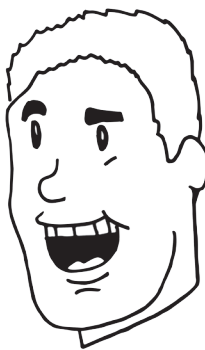
It was a very Canadian move, putting

ourselves aside to help others, but that raises another point about this decision.

At least 30,000 people are homeless in Canada on any given night and at least 200,000 people experience homelessness in any year, instead of spending the projected \$1.2 billion on helping our own people, that money goes instead to people who have never lived in this country.

Nickin' Around

by Nicholas Nielsen



I have no problem helping out foreigners, but I do think we need to take care of ourselves before we start to pursue helping others.

As for another controversial promise of his that is still in the works, legalization of marijuana.

That's one thing that really bothered me, that people would support someone as the leader of our nation simply because they would like their fun to become legal, but that's a rant for another day.

The legalization of marijuana isn't necessarily a bad thing.

Having the government regulate this kind of product could produce a large amount of revenue for the government once a healthy system is in place.

It keeps people from buying drugs that are laced with something unexpected and possibly deadly and keeps Canadians who have committed a very minor crime out of jail and saving tax dollars in that area.

That being said, Trudeau has a lot of unexpected things pop up during this process.

For the illegal drug to become legal on the projected April 20, billions of Canadian tax dollars will be spent to start this up properly and a number of international trade agreements are going to be renegotiated and rewritten: a tall order in a short amount of time.

Trudeau has showed he is definitely not afraid to spend money by racking up a \$1.2 trillion debt according to the financialpost.com. A lot of that money comes from taxpayers in the west, just like his father before him.

In a time that oil prices are down and many crops in parts of Saskatchewan and Alberta are under a foot of snow, this is less than ideal.

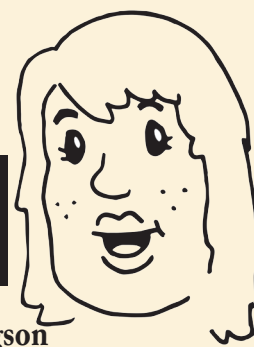
Whether you are a supporter or you're against him, you can't deny Trudeau has had some serious decisions to make that affect everyone in this country and I think it's going to be interesting how every one of these pan out.

The Religious Bubble

Friend or Foe?

Dare I Say

by Darashea Gregson



Religion. This is a touchy subject for most people no matter where you stand whether you believe in nothing or something. I was raised in the Church of Jesus Christ of Latter-Day Saints (LDS), they are nicknamed the Mormons. I say this to give you a better context on what I want to talk about.

What do I want to talk about?

I want to discuss whether it is a good thing to have what some people refer to as the religious bubble.

What I mean by that is when you grow up in a strict religious family, you have different perceptions of the world.

Don't get me wrong, there are many good things about religion. It can teach you how to be a better person and standards to conduct yourself.

Sometimes religion can go too far and put you at a disadvantage when interacting with the world around you.

For example, when I first started college, I had no idea what most people were talking about. The language they used was completely different than what I was used to. I did not know that cannabis was the same thing as marijuana.

Having no idea what people were talking about I was limited in conversations.

But on the other hand, being religious was able to keep me out of trouble. With the standards of my religion, I was able to stay out of situations that could have gotten me into trouble.

The religious bubble kept me from events that had harmful substances (like drugs) that could have impaired my ability to make smart and safe decisions. So is living in the religious bubble a good thing or a bad thing? You decide.

Dance of the meter maids: How parking tickets ruin lives

Everyone loves the taste of freedom that comes with owning a car. There's always that sense of excitement the second you sit behind the wheel.

There are set payments that you know - insurance, filling your tank and every little mechanical problem that arises. Those things can add up.

One thing that is never expected are parking tickets. Sure you know if you're going to get a speeding ticket if you cruise past a police officer, or radar if you blow through a light.

These are pretty common tickets. Parking tickets aren't included because you rarely ever know that you're going to get one.

Commissionaires involved with

The Chosen Bun

by Kayla Sarabun



bylaw enforcement are responsible for handing these out. Yes, there are people that park like complete idiots, but not everyone deserves a ticket from the meter maids.

Especially if one of them is ever so kind enough to write you multiple in a small timeframe.

I was the recipient of this last year.

The guy had the audacity to write me a ticket at 10:48 a.m. and come back and give me another ticket at 10:56 a.m. In less than a 10-minute span, I had over \$30 in tickets.

Not overly expensive tickets when paid in a timely matter, but still enough to put a dent in a college students pocket.

Albeit, yes they are just doing their jobs. If someone is parked where they shouldn't be or for substantial amounts of time, ticketing them would be the way to go.

Commissionaires have a tough job, people don't respect them, but why should we when they act like kings who own parking stalls?

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A Night With



Sixty-eight year-old rocker, Alice Cooper, performed hits like School's Out and Poison as part of his latest tour.

ALICE COOPER

Alice Cooper rocked out in front of many fans at the ENMAX Centre on Oct. 13. For someone his age he was able to add lots of energy to his music, making the crowd go wild with extensive pyrotechnics.



Photos By Darashea Gregson



College prepares for impressive milestone

COLE PARKINSON
@ColeParkinson4

Lethbridge College is taking nominations for their Honouring Excellence event.

With it being the 60th anniversary of the school, they have plenty of options for the four available alumni awards.

The relatively small school has had students pass through its halls for six decades and now they span the globe across many different careers making the choice tough.

Lethbridge College Alumni Relations Coordinator, Kari Holmes, thinks that the choice is tough because graduates leave the school knowing how to succeed in the work force.

“They take that hands on learning experience that they get from the college and apply it to their careers going forward,” Holmes said.

According to the college, over 30,000 people have graduated from the school so choosing just four is a tough process.

Three of the four awards were implemented in 2007 while Distinguished Alumni was established in 1992.

85 graduates have been honoured so far.

There isn't anything yet planned for the Honouring Excellence event during the 60th anniversary celebration but Holmes says that there are some surprises to come.

Before the event though, the nominations go through a committee that reviews all individuals who were



PHOTO BY COLE PARKINSON

Erik Mikkelsen prepares to adjust his camera settings. The Lethbridge College graduate has found work with Global Lethbridge shortly after receiving his diploma.

submitted for the Distinguished Alumni award.

The aptly named Honouring Excellence committee has the tough job of narrowing it down to four winners.

Committee chair, Jaylene Ulmer, is in her first year as the head of the alumni organization.

She says it's an honour for the group to be able to review a large number of grads who are put forth.

“It's always amazing to see the quality and the diversity of the exceptional alumni being nominated,” Ulmer said.

The committee also provides help to the alumni association with oversight of the event as well as encouraging attendance.

Grads from the past 60 years are encouraged to attend but many are located throughout the world.

Recent graduate Erik Mikkelsen has found success here in Lethbridge at the local Global station as a community relations coordinator and videographer.

He says the people at the college are what helped him find the drive to do what he loves and a big reason why so many people find success coming out of the school.

“There is so many people there that are willing to help you and guide you on the right path, they really just have your best interest,” says Mikkelsen.

He also thinks the positive collaboration between students and teachers is a reason why the college has been around for 60 years.

The anniversary celebration is due next year as is the Honouring Excellence event which happens on April 27 though nominations have a deadline of January 9.

Lethbridge Fashion Weekend shines with success

STEVE SETO
@steveseto

Models hit the runway to display some of the latest pieces from local designers for Lethbridge Fashion Weekend.

The show featured five lines of clothing from six designers in the annual fall fashion show last weekend.

This year's show took a big step in the development for the fashion scene in Lethbridge with a higher interest from the community.

It was the first year the event was held at the ENMAX Centre.

“It just goes to show that we have more and more people interested and more and more people willing to do the work to get that fashion industry in Lethbridge,” said Shelly Kanyo who was one of the designers featured in the show and is also the event director.

Kanyo showed excitement as this brought in around 300 people to take in the unique designs that were developed here in the city.

Another designer says that clothes are a way for people to express their personality. It didn't go unnoticed as some of the designers saw what people were wearing.

“I find it so fascinating that everyone can put their own spin on their own outfit and really express their individuality and that inspires me to want to express mine,” said Donell Kollias who was able to watch some of the show after getting models ready in her designs.

“Lethbridge is rad because everyone has an appreciation for vintage and reworking some of the garments. We saw a lot with the people in the crowd today,” added Kanyo who hopes fashion continues to grow in Lethbridge.

Both designers graduated from Lethbridge College's Fashion Design program and credit their education in preparing them for where they are now.

Most of the work and designs are inspired from their lifestyles and spending time in the community.

“There's so much inspiration around us daily. I think you just have to soak it all in and I find inspiration all the time like music, movies, travelling, going to the park even in Lethbridge. It's just everywhere so that kind of keeps me interested,” said Kollias.

Next year will be Lethbridge Fashion Weekend's tenth anniversary. Organizers hope to bring out more people and collaborate not only with fashion designers, but DJs, photographers and other artists to really show off their work. More information about upcoming events can be found on their Facebook page.



PHOTO BY STEVE SETO

Spectators gleam with excitement as models stroll down the runway during Lethbridge Fashion Weekend.

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LETHBRIDGE FASHION WEEKEND!



JENNIFER WEAVER (LEFT) DISPLAYS A DRESS FROM DESIGNERS DIANA LE AND BYRON ABAD.

**PHOTOS BY
STEVE SETO**



LETHBRIDGE FASHION WEEKEND MODELS (ABOVE) GIVE VIEWERS ONE LAST LOOK OF DESIGNS AS THEY WALK THE RUNWAY.



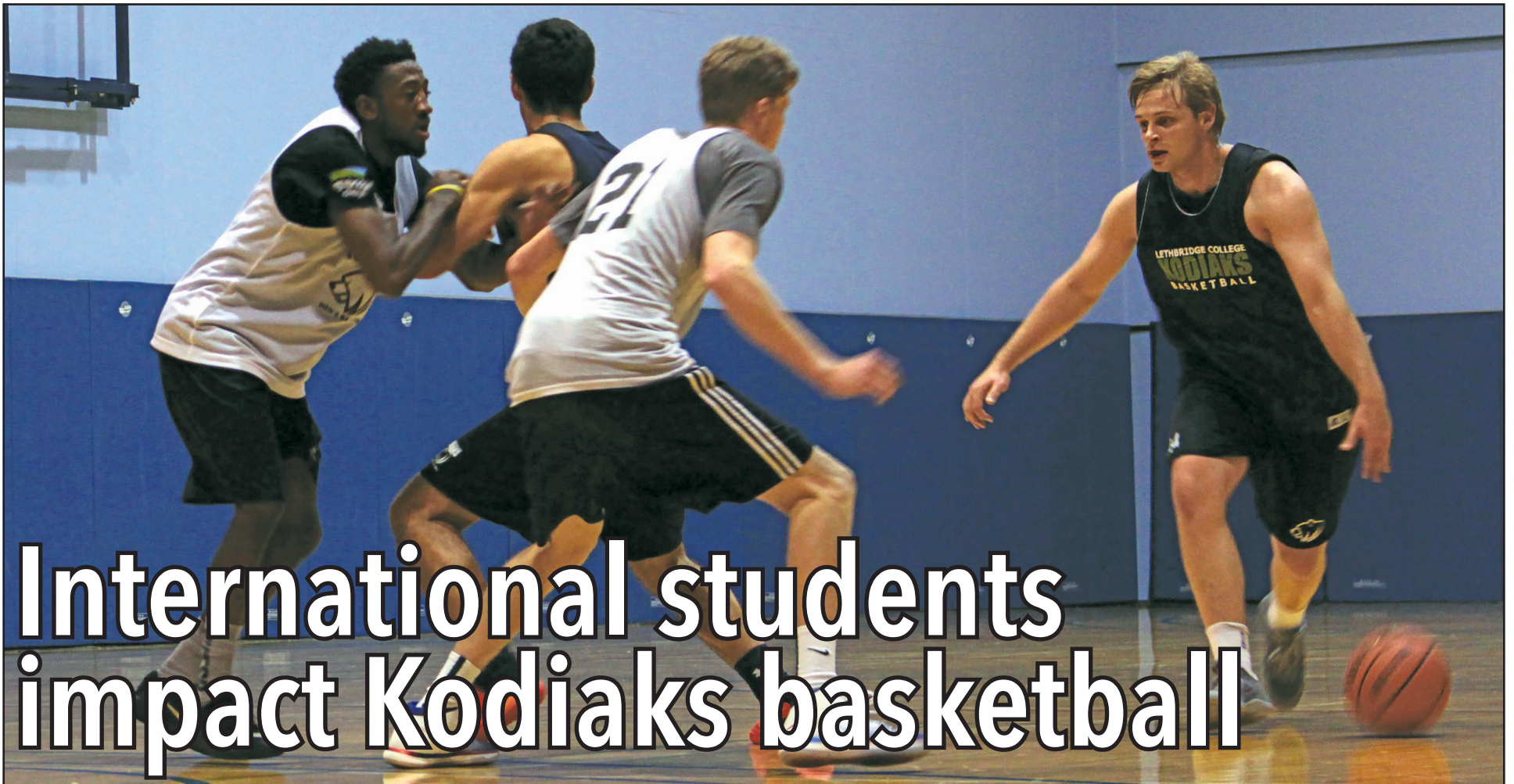
EVENING HOST DEANA DYPOLT (ABOVE) LISTS ITEMS INCLUDED IN DOOR PRIZES GIVEN AWAY BETWEEN DESIGNS.

MEGAN JAGERSMA (BELOW) HEADS DOWN THE RUNWAY AS SPECTATORS ADMIRE HER OUTFIT.





SPORTS



International students impact Kodiaks basketball

Cory Richardson dribbles the ball to his left as Robert Myles III attempts to get around defenders during practice.

PHOTO BY STEVE SETO

STEVE SETO
@steveseto

The basketball season is starting soon and the Kodiaks have added a couple of key players to their roster.

Robert Myles III and Cory Richardson will be playing their first year as Kodiaks when they open the season at the beginning of November.

Both Myles and Richardson have played in the Alberta Colleges Athletics Conference (ACAC) for the past two years in Grand Prairie and Keyano College. They will be filling a big hole in the back court. These new additions have had an impact and fit in well with the existing team.

“These guys really have to grind it out at times when they bring that attitude to practice, I really think that both of them

have raised the level of our practice,” said head coach Ryan Heggie who is excited to see how they will benefit the team throughout the season.

Myles is excited to get the season started and uses his passion from an early age to keep him focused.

“I used to play ball with my cousin all the time. He was a little bit bigger than me and used to always lose. I’m super competitive, so I was like I’m going to keep playing ball ‘till I keep winning,” said Myles who uses that to help fuel his teammates on the floor.

Practices so far have been upbeat thanks to the veteran leaders as well as Myles and Richardson increasing the tempo. The detail and focus they bring has a lot to do with them wanting to make the most of their time being so far from home.

Myles and Richardson are both international players who resided in Las Vegas and Bunbury, Australia respectfully.

Playing basketball in Canada was different as Richardson had to adjust to the game not being as physical as it was in Australia. Myles found the game more fundamentally sound to play.

The biggest element they faced was coming to the great white north.

“Winter was one of the biggest things I’ve ever had to adjust to. Coming from where it gets to 10 degrees to coming into Fort Mac and it was going to be -56, it was definitely a real shock,” added Richardson.

Heggie is impressed with the maturity that both of them possess.

“[It’s] their character. They’ve both got their education stuff taken care on their

own which is a big plus because you don’t have to do detail work for them,” said Heggie who does his best in making sure they are as comfortable as possible while being away from home.

“My family had Robert over for some turkey dinner, I tricked him to coming over ... I said ‘We got a big turkey to eat and we need your help,’” said Heggie who had his daughters take Myles on a toboggan for the first time afterwards.

Myles and Richardson have become close friends being teammates after competing against each other for years. They now spend time studying and taking a break playing NBA 2K. When it comes to head-to-head matchups, Myles triumphs Richardson on the virtual court.

The pair will be on the floor as the Kodiaks open the season Nov. 4 against SAIT at the Val Matteotti Gym.

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Kodiaks tussle with Royals, Rustlers

NICK NIELSEN
@n11111111111ck

The Lethbridge College Kodiaks soccer teams were in action twice last weekend and their season long troubles continued.

The teams both had a double header at home, first against the Red Deer Kings and Queens and the Lakeland Rustlers.

The men's team has already had a rough time during the season, winning only two of seven games, the last coming at home against the Olds College Broncos.

Last weekend was no easier for the men, as they dropped both games.

First year forward Emanuel Ipaas says despite the tough season, he is still optimistic about the team's future.

"We have a fairly young team, so it's definitely going to be hard. I think we can take away a lot of things and use it to be better next year," said Ipaas.

As for the women, this weekend was a little kinder to them. The women came in with a record of one win and six losses.

This time, the women battled hard and won the first game against the Red Deer Queens 2-1.

On a much windier game last Sunday, the women had a tougher time scoring, resulting in a 1-0 loss to the Lakeland Rustlers.

According to Kodiaks forward Sky Rogalski, the wind definitely played a factor in the game.

"It made things hard to control out of the air. One gust and your shot is heading 20 feet to the right."

Neither team can make the playoffs at this point, so a win in front of a home crowd in their last game won't mean anything in the standings, but will mean much more to the players.

"I don't think the guys beat them earlier this year either, so it'll be just that much sweeter to take down the Rattlers for both of us," said Rogalski.

Both teams' only game left is against the Medicine Hat Rattlers this weekend and the teams are hoping to end their seasons on a high note.



PHOTO BY NICK NIELSEN

Cassidy Schmidt of the Kodiaks women's team fights off a Rustlers defender.

New year, new team, new opportunities Kodiak volleyball teams dig into ACAC season

KAYLA SARABUN
@kayla9614



PHOTO BY KAYLA SARABUN

Kristine Ward of the Lethbridge College Kodiaks goes in for the kill against the Briercrest Clippers in their home opener on Oct. 15.

Having your home opener against last year's Alberta Colleges Athletic Conference Championship winners is tough.

That's what the Lethbridge College Kodiaks women's volleyball team found out.

Both the men's and women's Kodiak volleyball teams fought against the Briercrest Clippers on Oct. 14 and 15.

Kodiak women had a bit of a less than successful weekend, losing 3-0, in both games.

Laura Serafini has been playing with the Kodiaks for the past three years.

Even though they didn't win in their home opener, she has high hopes for the upcoming season with the team they have.

"We have good team bonding and age going our way this year, so that's nice," said Serafini.

Although the women have eight new players to the team this year, they also have some veterans coming on their third year with the Kodiaks.

Some of the newcomers to the team have played previously on other teams.

The Kodiaks men found success in one of their two tilts against Briercrest but it wasn't easy.

Brett Synnott has played for the Kodiaks over the past three years and sees this team coming together and doing something really special this year.

The men's team had nine rookies sign this year.

Kodiaks split their games against Briercrest, with one win each.

"Splitting against any team is tough however the offense Briercrest ran was incredibly paced and the win is always positive for any team," said Synnott.

The Kodiaks women's have had a few tough years, but some fans believe that this could be their year where they turn things around.

Alexandra Hayes watched the home opener and sees the strength in both the men's and women's volleyball teams.

"Both the women's and men's teams played hard-fought games for their home openers. They came out and showed that they were ready for the upcoming season and the crowd was right there with them," said Hayes.

Both the men's and women's teams play on the home court on Oct. 21 and 22 against the Red Deer Kings and Queens.

"They came out and showed that they were ready for the upcoming season."

ALEXANDRA HAYES

KODIAK WOMEN GO FOR THE KILL



Laura Serafini in action at the home opener against the Briercrest Clippers on Oct. 15.



Sara Gillis serves some top spin against the opposition.



Corissa Mildenerger (above) sets up for a jump serve.



Reina Hirata (centre) digs a serve from the Clippers.



Corissa Mildenerger (left), Sara Gillis (centre), and Laura Serafini celebrate.

Photos by Kayla Sarabun