

VISIT

LETHBRIDGE
CAMPUSMEDIA.CA

For additional news, videos,
photo galleries and more!



Lethbridge
Campus Media

QUOTE OF THE WEEK

*“Be somebody and let your
personality come through.”*

- Troy Reeb

Check out the full story on lethbridgencampusmedia.ca



October 7, 2016 Vol. 52, Issue 01



ENDEAVOUR



Economic Diversity

Lethbridge rides out oil prices through
economic diversity.

By Todd Eagle Child Page 2



YQL Music Scene

Fewer music venues equals a loss for all.

By Cole Parkinson Page 6

Playing for a cause

Supporting cancer patients on the ice.

By Steve Seto Page 8



Indigenous lives matter



PHOTO BY TODD EAGLE CHILD

Supporters at the Sisters in Spirit candle light vigil for missing and murdered Indigenous women at Galt Gardens on Oct. 4. See page 3 for complete story.

Minimum wage increased Oct. 1

Change signals win for workers, loss for owners

DARASHEA GREGSON

@DarasheaGregson

Minimum wage in Alberta increased by a dollar this month. It has become the subject of much discussion lately.

“We know that the purpose of minimum wage is to decrease the effects of poverty and from a business community everyone wants to see us have a stronger position with less poverty but are concerned if these measures will create solutions,” says Karla Prych, executive director of the Lethbridge Chamber of Commerce.

A number of their members expressed concern about the minimum wage increase. The increase in cost would be passed forward to their customers.

“There is a concern that this will negatively impact ... the number of people entering the job force at entry level positions,” says Prych.

Suneet Kharey is a post-secondary student at the university with three, part-time jobs. She feels that the increase will help students like herself make the required money to pay for necessities.

“People who work part time and jobs that are actually getting the wage increase are the individuals who need the money the most,” says Kharey.

Prych believes young people or people without experience may not be as likely to get a job. Employers will have to pay more than they already are causing a decrease in the need for more employees.

“Bigger businesses will not be as affected in the same way because most of them are paying above

minimum wage,” says Prych.

John Pyska, owner of Big Johns Books, says that if the increase happens he will not be able to keep both of his employees. Making that call will be one of the hardest decisions he will have to make.

The NDP plans to increase the wage to \$15 an hour by 2018.

New meters for Lethbridge



PHOTO BY STEVE SETO

Commissionaire Richard Huculiak walks through downtown Lethbridge checking expired meters on Oct. 3. The city will be replacing the meters with a new system next spring. Full story on page 2.

TAKE A SELFIE IN FRONT OF THE LCM DISPLAY CASE NEAR THE FOOD COURT TO WIN A \$25 TIM HORTONS GIFT CARD - SEE PAGE 6 FOR DETAILS

Enrolment rates on the rise

JOURDAN JONES
@jonesnation31

With the new school year upon us, Lethbridge College is seeing exceptional enrolment growth in academic programming, and so is all of Alberta's colleges across the province.

The recent economic downfall in Alberta is the real reason why numbers are rising.

As reported back in March 2016, the unemployment rate in Alberta has risen up to 7.9 per cent and that is being credited to why the spike in enrolment is so high in Alberta's colleges.

"With a job market that's shrinking, it isn't where it was just a few years ago, people are going to school rather than looking for employment," said Marko Hilgersom, Lethbridge College Registrar.

With a struggling Alberta upon us, people are looking to start out new, but not everyone is seeing positives out of

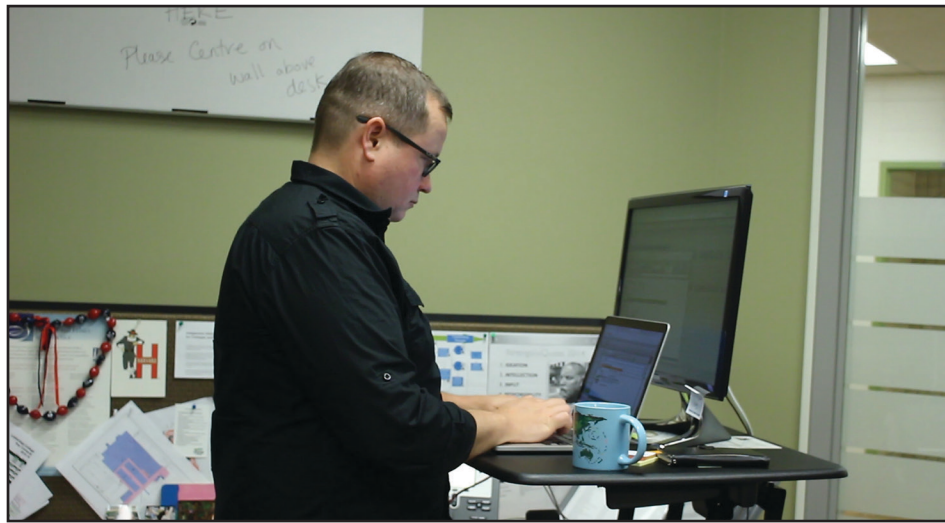


PHOTO BY JORDAN JONES

Lethbridge College Registrar, Marko Hilgersom works on his laptop Monday afternoon at Lethbridge College.

this, especially people suffering through this first hand.

"It's just sad that we're seeing this happen where people are having to start new and pretty much restart their lives all due to a drop in the economy," said first

year student at Lethbridge College, Jacob Gunn.

Lethbridge College has seen its new student enrolment numbers rise 15 per cent from last year, while Alberta as a whole is seeing an 11 per cent increase

across all programs.

The programs that are seeing huge jumps in enrolment rate are business and business administration programs.

Other programs seeing growth include health and human service, university transfer, and upgrading.

In addition to all of this, Alberta is also seeing an 11 per cent rise in First Nations, Metis and Inuit enrolment.

Lethbridge College is hoping this is not just a one-time thing, but something that they can build off of for years to come.

Hilgersom pointed out that while including that it isn't just the economic downfall that is causing a rise in enrolment rates at the school, but also has to do with great staff and great programming.

With an economy in a huge rut, look for numbers to rise even beyond 2016's as it is expected more people look to make the change and turn to school.

City implements pay-by-plate technology

STEVE SETO
@steveseto

Downtown Lethbridge will finally be receiving a new parking system as the last upgrade was over 10 years ago. The change of meters is long overdue as the lifespan for the meters is typically 10 years, the ones in use now have surpassed that mark by a few years.

The new system will now be pay-by-plate technology where customers will pay at an on-street kiosk with their license plate number, instead of using coins. The new machines will accept credit cards as well as coins.

The City of Lethbridge approved the replacement of meters to new modern parking technology that will be easier and more flexible for customers. The process and conversation about changing the

meters started back in 2014 and has gone through many steps.

The city presented options to the public including updating the current meters at a lower cost, but got an overwhelming support for change. Val Fellger, the city parking coordinator, knew the end was close after the public's reaction of options.

"Eighty one per cent said give us something better. We like this system, look at this more. So that's what we did, we spent another nine months researching what implementing that new system would be," said Fellger, as she was relieved to know the public is getting the transformation they want.

After Fellger discovered that customers wanted change the biggest one was how they paid for parking, the new system addresses that as well as benefiting

the city.

"What we have heard from our customers is that they want more options, specifically to payment. So we can upgrade to a new system that actually gives us some data that can be useful in what happens with downtown on-street parking in the future," said Fellger, who hopes the system can help benefit businesses downtown.

"So what the data is going to allow us to do is find out how the heavily parked in areas are being used. If that's actually customer parking with a high amount of turnover or is it employee parking, clogging up those spaces all day and not allowing that business turnover," adds Fellger.

Shops located in downtown are happy about the flexibility it will create for their customers. Paul Edwards, owner

of Drunken Sailor, expresses that people may want to spend more time in his store rather than worrying about their meter.

"People are always having to run back to their car and they might be two or three blocks away. If they can pay via credit card then that would be better," said Edwards who is excited for the change it can bring to his customers.

The installment and construction of the new systems doesn't worry Edwards as the change will motivate customers to keep visiting.

"People can get to a store when they want to. Those that want to will get here,"

The procurement process is hoping to be started right away which would lead the system to be installed late spring or early summer. Once all of them are installed they will have a full turn on of the system for the end of summer 2017.

Lethbridge rides out oil prices through economic diversity

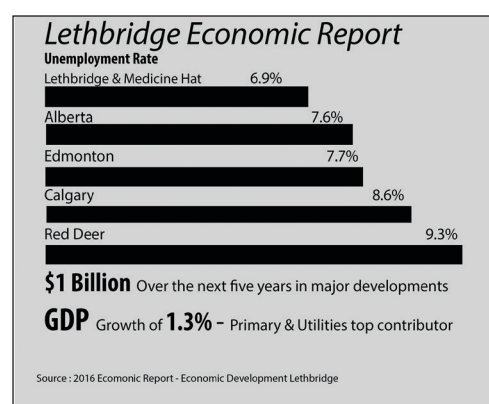
Todd Eagle Child
@toddeaglechild

Within the last ten years Albertans have watched oil prices rise then fall. The boom and bust economy is nothing new for the oil and gas sector of our province. Although the economic landscape is one of unemployment and debt throughout the province. The economic conditions for the City of Lethbridge has fared relatively well. Although there were numerous residents employed in the oil and gas industry when oil prices fell, most were able to transition into local trades affiliated jobs.

"We don't have the same dependence on oil and gas as the rest of the province does," said Trevor Lewington, CEO of Economic Development Lethbridge.

The Agriculture sector is a major industry which accounts for one in five of the regions GDP and 20 per cent of the economic activity as cattle prices are above standard average.

Another major factor is public sector employment which includes the College, the University, Alberta Health and Government regional offices. In the last provincial budget, the NDP government made



INFOGRAPHIC BY TODD EAGLE CHILD

investments in the public sector to invest and protect essential services. These factors have helped offset weakness created by the low oil and gas prices reflected in our unemployment rate, the lowest in the province.

"Lethbridge has a very diversified economy so there's a lot of opportunity here for different types of businesses, we're very strong with our educational institutions, also with agriculture and we have lots of opportunities in sustainable resources," said Karla Pynch, Executive Director of the Lethbridge Chamber of Commerce.

The year 2015 saw the most on record new business

licenses issued at 411 which is an increase of 23 per cent from 2011.

"There is work on hand and the commercial industry has done moderately well at keeping most areas of our sector of the economy in construction busy. There is a concern over the inventory of work that is being completed and not being replaced as quickly," said Nathan Newdorf, President of the Lethbridge Construction Association

in 2015 construction had a value of \$249 million, it's highest since 1962. In the next five years over \$1 billion in major developments are underway or planned in public and institutional sectors. This can be seen in the Trades Technology Renewal and Innovation Project at the College and the Destination Project at the U of L. The housing industry is up 23 per cent in start-ups with 833 homes and the average cost of a home being \$266,943 up 6.7 per cent from 2011.

As the economic landscape within the province rebuilds, the Lethbridge market remains stable supported by a reasonable level of economic diversification. With the increase in post-secondary student enrolment we'll be able to uphold the economy for years to come.

Singing in honour of missing and murdered women

TODD EAGLE CHILD
@toddeaglechild

The Sisters in Spirit candle light vigil was held in Lethbridge Oct. 4 to honour Missing and Murdered Indigenous Women (MMIW).

People gathered at Lethbridge city hall as a moment of silence started the vigil followed by a tribute song which was led by women dressed in jingle dresses who led the crowd towards Galt Gardens.

City police escorted the peaceful walk as people held up signs and native drummers sang songs.

Across Canada, vigils were being held as this marked the 10th anniversary.

On Parliament Hill, Prime Minister Justin Trudeau addressed those in attendance that the inquiry will take time.

"This is not something that we'll be able to change overnight, or in a week or a month or in a year. It is something that we are going to have to commit to work on every day," he said.

Earlier this year Trudeau's Liberal government launched a national inquiry.

Over three decades 1,200 indigenous women were murdered, missing or died from a suspicious death.



Vanessa Stiffarm, Stephanie Brave Rock Hunt, Lori Brave Rock, stand with the flag and signs in support of the Sisters in Spirit vigil on Oct 4. The vigil is in honour of Missing and Murdered Indigenous Women.

PHOTO BY TODD EAGLE CHILD

Some have said the number could be as high as 4,000 but there is not enough evidence or data to confirm this.

Of the 1,200 people, 55 per cent were under the age of 31, 70 per cent missing and 60 per cent murdered both in an

urban area.

Half of the murder cases lead to charges. Of the offenders 16 per cent were strangers, 17 per cent were acquaintances and 23 per cent were partners.

As the crowd filed into the park,

candles were given out as well as hot chocolate and traditional snacks.

Amnesty International collected pledges from attendees to stand with indigenous women and families to end the violence.

As the sun set an elder said a prayer and in the flickering candle lights songs were sung.

In front of the stage thousands of faceless dolls were laid out upon blankets representing the MMIW.

Allison Tailfeathers who made the dolls credited the artist, Gloria Laroque who made them in memory of the women.

"The dolls started off with only a few dozens to over 1,600 to date.

In the centre of the dolls was a picture of Joey English, who was recently murdered in Calgary. Her body parts have not yet been found as well as pictures of MMW.

Marion Buller, a B.C. first nation's judge will lead the MMIW inquiry which includes two First Nation lawyers, an aboriginal law expert and president of Native Women's Association of Canada.

The inquiry which started Sept. 1 will last until Dec. 31, 2018.

Montreal pit bull ban begins to bring concern to Western Canada



The number of maimings from 1982 to 2014 based on German Shepherds and pit bulls in Canada and the USA.

KAYLA SARABUN
@kayla9614

Between Canada and the USA over the past 32 years, an average of 106 injuries per year have occurred from a pit bull.

Since they are known as dogs with bad temperaments, they are currently banned in Montreal.

What does the banning of the breed mean for those here in Southern Alberta?

Banning pit bulls could mean more of them showing up in shelters here.

Due to the fact that people in Montreal are against the ban, they could try to find refuge for those pit bulls still in shelters.

"It might affect animal shelters in Alberta because those who are for banning pit bulls will stop adopting them out of shelters. People who are against this ban might go out and adopt more pit bull style breeds to show Quebec they are good dogs they just need the right owner," said Stephanie Johnson, student veterinary technician.

Would banning a certain breed be something that works?

Cody Neale, corrections officer and fourth year student, doesn't believe so.

"Pit bulls are smart, loving dogs. Instead of banning the breed, we should be banning those owners from owning dogs."

Neale, is also the owner of two pit bulls

and has never had a problem with them.

Believing it's all in how the dog is raised, each dog has different temperaments which can be contributing factors.

"I've dealt with a lot of amazing pit bulls and I was actually more nervous of certain shepherds and even Chihuahuas, so I think banning a certain breed is ridiculous because it all depends on their history and the owners. Any dog can be vicious if they haven't been socialized as puppies and growing up," said Johnson.

If put in the shoes of a Montreal pit bull owner, Laura Serafini, doesn't know what she'd do.

"If my dog's breed was to be banned I would be very angry and upset. I believe the way a dog reacts has to do completely with the owner," said Serafini.

Even though Serafini doesn't own a pit bull, but a blood hound crossed with black and tan hound, both dogs can be vicious if not socialized and trained right, as hounds are used for hunting.

"There's a reason why dogs are referred to as man's best friend but you as the owner need to take responsibility for it and the actions it makes. The same goes for any dog. Why would we ban a specific breed in a city [Montreal], that's just silly," said Serafini.

Currently the ban has been suspended until further notice.

Students resort to walking with shortage of parking stalls at U of L

JOURDAN JONES
@JonesNation31

The University of Lethbridge is seeing some unhappy, stressed out students and this time it isn't from academics. Instead, it's from not being able to find parking.

Two lots have been closed at the U of L due to the construction of the new science and arts building and it's leaving many without parking.

A rise in enrolment and fewer parking spots available this year is making for some tough times for students.

"It's absolutely ridiculous that I paid good money for the best parking pass and still can't find parking," said Jessy Mix, a second year student.

The drop in parking stalls and rise in students is making people resort to parking blocks away from the university and in residential areas.

Some students are even finding

themselves unable to drive to school anymore. Without a university-subsidized bus pass, it's leaving many without a way to get to school, which resorts to them missing classes.

Transit passes for students can be priced up to almost \$300 a semester, a price in which is more expensive than a parking pass according to most students.

The university has opened up its stadium parking lot, free to students in need of parking that have already paid for a parking pass. It can be a lengthy walk, but many are saying it's better than nothing.

A new lot has also just opened, known as lot Q. The parking for that lot has a price tag of \$200 and students will have to enter a lottery to win a spot in that lot.

Meetings between students and faculty are still being held about the parking situation, but progress is being made according to most students.

Lethbridge College

FOOD COURT

The **LC Food Court** has a **wide** variety of foods for you to choose from!

Like _____

BREAKFAST, BUFFET, PIZZA, PASTA, SOUP, SANDWICHES AND, OF COURSE, THE KODIAKS GRILL.

Culinary students work hard to bring their fellow students delicacies at the Food Court.

Breakfast served from **7:30 a.m. - 10:30 a.m.**
Lunch served from **11:45 a.m. - 3:00 p.m.**

With the **Food Court Loyalty Card** purchase **9 meals** and get the **10th free!**
Located in the heart of the Andrews Wing.

students serving students



OPINION

Editorial Staff Fall 2016-Winter 2017

Todd Eagle Child	Cole Parkinson
Darasha Gregson	Kayla Sarabun
Jourdan Jones	Steve Seto
Nicholas Nielsen	

Advertising Sales &

Production Staff Fall 2016-Winter 2017

Nelson Annable	Shereese Morrison
Tannis Bruder	Zachary Olsen
Kyle Degroot	Matthew Perrella
Joel Driedger	Kierra Slater
Anthony Eriksen	Tadashi Tomiyama
Arjan Gill	Adam Tremblay
Nicolas Green	Tyler Willment
Raelyn Kees	

Publisher

Martina Emard

Technician

Paige Thornborough

Advisors

Martina Emard
Kris Hodgson

The Endeavour is produced 10 times during the academic year by students in the Digital Communications and Media program at Lethbridge College. Stories, photos and advertisements are produced as part of the academic program and are not representative of the opinions of the Board of Governors of Lethbridge College, its directors, officers, employees, agents or representatives.

The Endeavour newspaper, eNews television and Kodiak online radio are part of LethbridgeCampusMedia.ca.



Advertising

For advertising rates and information, please call or email our office. Advertising rates can also be viewed online at lethbridgecampusmedia.ca/advertise-with-us/

Advertising Inquiries:

403-320-3301
ads@lethbridgecampusmedia.ca

Letters to the Editor

Submissions to Letters to the Editor should be exclusive to The Endeavour. To submit a letter, include name, address and daytime phone number. Keep letters under 250 words. The Endeavour reserves the right to edit for length, taste and clarity.

E-mail: news@lethbridgecampusmedia.ca

Fax: 1-888-520-6143

Mailing Address:

Endeavour Newspaper - TE3225
c/o Lethbridge College
3000 College Drive South
Lethbridge, AB T1K 1L6



Athletes above the law

Three months is the perfect amount of time for a vacation, or if you are Brock Turner, it is the amount of time you spend in jail for three counts of sexual assault. It seems to be if you're an athlete you get special treatment.

In the case of Brock Turner his judge Aaron Persky is an alumnus of Stanford (the same school as the offender) made the decision to sentence Turner to only six months in jail when the expected jail time was 10-15 years. Persky believed that since he was a first time offender he was not a danger.

This is not anything new. Take the case of New York Giant Josh Brown. He was brought up on charges

for domestic violence. His ex-wife reported he had been violent with her on 20 different occasions.

Brown also broke the restraining order his ex-wife placed against him, and felt no remorse for what he had done. After the charges were dismissed, Brown was only suspended from the season opener.

There is also the case of Kobe Bryant former basketball player for the Los Angeles Lakers, that allegedly raped a woman at the Lodge and Spa at Cordillera, in Colorado. The charges were dropped because she refused to testify. All Bryant was required to

do was make a public apology.

Neither one of their careers have suffered. Athletes have gotten away with barely a slap on the wrist.

We put our athletes on a pedestal. We tell them they are untouchable—that they are the greatest.

This causes them to think that no matter what they do, it doesn't matter because they are a famous athlete.

Sharyn Moore Lethbridge College student body president says policy is for any offender to be brought before the board for a review and

possibly end in suspension.

But for the victim, it is the school's policy not to get involved. That for example

includes driving the victim to the hospital.

Since when did driving someone to the hospital who is in need of medical attention become being personally involved? If someone broke their arm would you not drive them to the hospital? Or call 911 and make sure they received proper medical attention? Why would this be any different?

Illegal is illegal it does not matter who you are. Whether you are an athlete or just some regular citizen the laws are the same and should be applied fairly and accordingly.

"But for the victim it is the school's policy to not get involved."

e LIFE

Literacy festival leaves community speechless



PHOTO BY DARASHEA GREGSON

Rufus the Mime entertains crowds during the Word on the Street Festival held downtown recently.

Bratwurst and brews

KAYLA SARABUN
@kayla9614

A tradition coming up on 206 years in Munich and three years in Lethbridge, Oktoberfest has expanded this year to Galt Gardens.

Although they celebrate for 16 days in Munich, Lethbridge held its two-day celebration last weekend from Sept. 30 to Oct 1.

Crowds gathered at the third annual Oktoberfest, where record numbers were anticipated.

During its first year, Oktoberfest was an experiment here in Lethbridge said organizer, Roy Pogorzelski.

The event was originally held in Festival Square where there was only a beer garden for 300 people.

Now, it has quadrupled in size.

Oktoberfest is breaking boundaries here in Lethbridge, as it made Galt Gardens a full beer garden for the first time.

The Pogorzelski



PHOTO BY KAYLA SARABUN

Bailey Parker serves traditional German beer at Oktoberfest on Friday, Sept. 8.

"Me and the mayor carried this wooden keg around the entire barricade."

ROY POGORZELSKI

Brothers are the ones who originally brought Oktoberfest to Lethbridge and they bring a different tradition to it each year.

"The first year that we did it, me and the mayor carried this wooden keg around the entire barricade and then he tapped it in the

Telegraph Tap House," said Roy Pogorzelski one of the two brothers. Months of preparation go into making sure that everything runs smoothly for all those attending.

This year's festivities took upwards of seven months to prepare for and organizers had to obtain

sponsors, media and work with bylaws.

Every year, the festivities get closer and more similar to the type in Munich, where Oktoberfest originated.

The tents used this year are very popular in Munich and they protect patrons from the elements so they can enjoy beer anywhere in the gardens.

Rita Spence, a newcomer was excited to see tons of beer drinking and dancing at the event.

Although Oktoberfest is typically a weekend of beer indulgence, this year was also family oriented, allowing families to be inside the venue and enjoy the festivities until 8 p.m.

Carol-Anne Bedster and her husband went to Galt Gardens to meet up with some friends and enjoy the festivities.

"I'm looking forward to seeing the live band."

Whether it be beer drinking, dancing, or just taking in traditions, Lethbridge Oktoberfest is surely one to broaden your cultural experience.

NDP year in review

Nickin' Around

by
Nicholas Nielsen



It's been almost a year and a half since Rachel Notley and her NDP government took over here in Alberta signalling the biggest political change in 40 years.

With a full year under her belt, I figure it's time to take a look back at what she's accomplished and any promises she may have not kept.

Coming from a family that consists of farmers and oil workers, you can see why I may not be crazy about what Notley has done.

For starters, the carbon tax that will take effect in the New Year caused quite an uproar with farmers and oil workers alike.

But after doing a little searching through Finance Minister Joe Ceci's Fiscal Plan, I found a list of exemptions.

Marked fuels such as diesel that are used in farming, any natural gas produced and used on site in the production of oil and any fuel sold for export that is not to be consumed in Alberta are all exempt from the carbon tax.

Despite these exemptions, this carbon tax is still a large change, especially in the current state of Alberta.

It is well known that we are a province built on oil, which is becoming especially evident with its price right now.

Many skilled labourers are finding it near impossible to find jobs because of the downturn.

These are people who graduated from high school and went straight to work, these are people who for the most part don't have post-secondary education.

Nothing has really been done to compensate for all these job losses and people have begun to stand up and express their concerns.

I understand the value of reducing this province's carbon footprint and making it much easier on the environment, but this tax impacts the very way we live.

Another thing that has caused a lot of controversy in Notley's time has been bill 6, the addition of worker's compensation to farms.

In the end it was a good idea, but the way it was handled was atrocious.

There were so many conflicting pieces of information coming from so many different people involved in the party that it actually caused protests that clogged up city streets across Alberta with tractors and farmers with signs. The final decision turned out to be something that people wanted and actually makes farms safer.

Despite my criticism, I do have to send her a bit of praise. She did not walk into an easy situation.

Governing a province when your approval rating sits around 31 per cent during an economic downturn and having to deal with one of the largest natural disasters in Canadian history can't be easy.

The takeaways from the NDP's year and a half of government has been a little bumpy, mainly due to poor public relations decisions.

It's interesting to see what these long term goals may accomplish in the long run, so I guess we will just have to wait and see how things end up.

Local favourite venue sliced and diced

COLE PARKINSON
@coleparkinson4

The Lethbridge music scene has lost a popular music space for live music.

One of the more established spots in the city, The Slice, has shut its doors for good August 27.

The number of venues as well as bands in Lethbridge have always been up and down, depending on how popular the music scene is but this one hurts as many people loved the popular music venue.

This year has been slower and it ended up being a factor much to the dismay of those involved in music around Lethbridge.

Connor Harvey-Derbyshire of Attainable Records says he has a deep respect for The Slice, as they were influential to the young company.

Being a company comprised of university students, the Attainable crew were in need of mentorship.

"I really loved The Slice...when I first came to Lethbridge, I really didn't have a place to play. Our very first showcase before we had this space was held at The Slice," says Harvey-Derbyshire.

The music venues in Lethbridge are tightly knit since



PHOTO BY COLE PARKINSON
Sam Weber band live at the Owl Acoustic Lounge in Lethbridge Sept, 30.

it's a city with a small yet diverse music scene.

"We don't see any reason why we should be competing," said Harvey-Derbyshire.

"We think supporting all the other arts venues is the key to success."

One of the other popular live venues, The Owl Acoustic Lounge also feels the hole left by the departure.

Less venues means less places for live music which puts The Owl in a position of having to select fewer bands to play on their stage.

It's really a lose-lose for all involved.

Steve Foord from The Owl isn't quite sure what to think of the entire situation yet.

"I don't know what I'm going to do yet, I just want the shows to happen," Foord said.

With less stages to play on, bands and artists are now forced to either wait until an open slot at one of the main venues is available or find their own place to play.

It leaves both musicians and venues in a struggle to find the balance between enough venues and bands.

Musician Andrew Gauthier hopes to see bands come from Lethbridge and make an impact greater than the local scene.

"I hope more bands come out and gain greater success from outside of Lethbridge."

There hasn't been a band to come out of Lethbridge that has reached great success yet and the lack of venues doesn't help but it's not a deterrent.

With school being in full force both the Owl and Attainable are hoping to see a bigger attendance as well as possibilities of new bands being formed.

Independent live music in too much jeopardy?

Most of us all have a favourite song or artist, one thing that sets the mood or has a special place in our hearts. We all have our own taste of music which is unique to our personality and life experiences.

The method and channel it gets to you the consumer is often dealt through a record company or label. These are the people that help produce and make all of the CD's that you bought and shared with your friends (Most people haven't bought a CD in years, thanks iTunes).

When a band or artist finally signs a contract with a major record label it can be a huge moment in their career, a moment where they feel they finally made it. With this huge break, limits can be put on creativity and who they can work with.

The record label is in control of what you can put out as an artist and must be

cleared through company executives to pass their vision of how you represent their brand. For some it can be a challenging way to create what you want to hear.

Most people think independent artists can't breakthrough and be profitable while making music. That's where you are wrong, there are plenty of well-known independent artists out there who don't hand over control of what they create. Take a look at some you most likely know or heard of that are independent: *Bon Iver, Tegan and Sara, Passion Pit,*

The Other Guy

by
Steve Seto



Death Cab for Cutie, and Chance the Rapper.

Let's look at *Chance the Rapper*, who has recently made a big splash in hip-hop music over the past few years. Chance has released three mixtapes over his career starting

back in 2012. All of his music has been available for free throughout the years and has only made profit through merchandise and touring.

Thinking he would be far behind other artists is where most are incorrect. Chance was the first independent rapper to play on Saturday Night Live, his last mixtape

was the first to crack the Billboard 200 on streaming alone, and hosted his own music festival at the end of September in Chicago.

A music festival with many big named hip-hop and R&B artists such as *Kanye West, Common, Lil Wayne, John Legend, and Alicia Keys* to name a few. These artists didn't attend because they were forced to. They came because they knew how talented he was and to support good music.

Music venues struggle to keep regular crowds coming in over the weekends as Lethbridge has lost another venue.

So when you're out with friends and see a band is performing at a club or know of a show coming into town that you haven't heard of, check them out, you never know if you'll have another chance to see them perform.

The demon known as anxiety is taking a hold of students

DARASHEA GREGSON
@darasheagregson

Imagine waking up in the morning and being afraid to get out of bed.

You're wondering if what you fear is real or just part of your imagination.

This is a feeling Chantelle Frock knows all too well.

Unfortunately Frock deals with anxiety

everyday of her life.

She is a student attending the University of Lethbridge.

"Sometimes it is an hour-to-hour struggle, not just 'can I get through this day,'" says Frock.

"How we think and react to certain situations can affect anxiety," according to the Canadian Mental Health Association website.

Some people may perceive certain situations to be more dangerous than they actually are.

"Sometimes I can't tell what is real and what my anxiety has made up," says Frock.

According to Statistics Canada, they say social phobia is an anxiety disorder in which the individual fears situations in which they can be judged by others.

"If I arrive even 10 minutes late for a class, I will end up skipping that class instead of dealing with the anxiety of walking in late to the class," said Frock.

She finds that it is really important to self-regulate those thoughts.

"If I can't tell sometimes it is best for me to call someone and ask them if it is real or my anxiety."

Child mental health therapist Lorene Edwards says anxiety can prevent people with the disability.

"I find it can keep them from trying things that can help them overcome their anxiety."

"Anxiety with the proper treatment and medication can be overcome," says Edwards.

According to Statistics Canada, one in four Canadians will have at least one anxiety disorder in their lifetime.

Some 3.4 per cent of the Canadian population experiences these disorders at serious and chronic levels which interferes significantly with quality of life and our ability to function in academic, occupational and social contexts.

Lethbridge College offers a 24-hour counseling service for those suffering with any ailments.

You can stop by at any time to make an appointment.

Lethbridge Campus Media SELFIE CONTEST

Oct 6 -14, 2016.

Take a selfie in front of the LCM display case located near the food court.

Post your selfie on our Facebook Instagram and Twitter using #LCM and tag @LethCampusMedia

Win a \$25 Tim Hortons gift card!



eSPORTS

Kodiaks get tripped up at home

NICK NIELSEN
@n111111111111ck

Kodiaks men and women's soccer teams were in action this weekend with two games to start the second half of the season.

Both teams came into the weekend boasting a record of one win, four losses.

The first game for both teams was at home on Saturday against the Olds College Broncos.

The women were faced with a bit of a tougher challenge than the men as the women's Broncos came into the weekend with a record of two wins, two losses and a tie.

Through the first half, the girls were competitive, sending the ball back and forth down the pitch until late in the half when the Broncos sent a shot past goalkeeper Vicki Noronha.

Once the second half started, the wheels started to fall off as the team let another four goals in, dropping the match to a score of 5-0.

"It's been a little tough for us to find our chemistry when we lost a few pretty key players last year," says girl's player of the game Lyndee Saler. "It can be hard when fresh faces are filling those spots."

As for the men, they were faced with the winless men's Broncos team. The game was a defensive struggle that ended in a 2-0 score for the Kodiaks where both goals were scored from pile ups right in front of the net.

"Before we've come out a little bit soft, but I think we're going to change that for the second half of the season," says Adam Grace Kodiaks player of the game.

The next day, both teams traveled to Calgary to take on the SAIT Trojans, where both teams also lost.

Unfortunately for the women, Sunday's loss in Calgary



PHOTO BY NICK NIELSEN

Kodiaks soccer player Lyndee Saler throws the ball back into play in their 5-0 loss to Olds College on Saturday, Oct. 1, 2016.

sends them out of the post season as they sit seven points back of Olds College for the last spot in the south conference.

The girls were eliminated last year from the playoffs by Grande Prairie in the quarterfinals.

The men currently sit tied for the fourth spot in the south conference with the Red Deer Kings, but the Kings

have one game up on the Kodiaks to hold their spot.

For the men to clinch a spot, they will need to win two of their final three games and to win the tie breaker with Red Deer by at least three points for them to hold the tie breaker.

This weekend, the teams take on the Red Deer Kings at home with only three games left this season.

More ice, ice baby

COLE PARKINSON
@coleparkinson4

Lethbridge is officially ready for the hockey season with the introduction of its new multi-purpose complex.

Dubbed the ATB Centre, the ice rinks are capable of seating over 900 people, 600 on the east arena and 300 in the west arena.

Like everywhere else in Canada, hockey is incredibly popular with hundreds of players playing in Lethbridge.

That's why a new multiplex was built on the west side with twin NHL sized ice surfaces.

The twin arenas opened in June as part of phase one and Lethbridge teams are now getting to experience the newest ice in Lethbridge.

With the hockey season just getting started, the ATB Centre is being used as one of the main rinks in Lethbridge along with the several other rinks located around Lethbridge.

The others are in various conditions but will continue to be used according to Ashley Matthews, project coordinator for the ATB Centre.

"The fleet of arenas we have right now

will continue to operate as they are."

Labour Club Ice Centre and Adams Ice Centre have both been given a financial boost in order to extend their life expectancy.

The Civic Ice Centre however is on its last leg, as a new building is in development for 2022.

"By 2022 you never know what we could be looking at, but right now it's going to be a twin arena," Matthews says.

It's not just a place for hockey though.

"It's not actually just a rink, it's a leisure complex. It's a 350,000 square foot facility," Matthews says.

Krista Shortridge who has been curling for six years, says the new 10 sheet curling facility is one of the more impressive ones in the province.

The availability of ice was also a reason for including 10 curling sheets.

"Curling ice is pretty hard to find in Southern Alberta so this will help grow the sport," Shortridge says.

Phase two will include an aquatics centre, indoor track, gymnasium and a fitness centre, among other amenities.

Construction began in May 2016 and completion is expected for sometime in 2019.

Jumping for joy



PHOTO BY TODD EAGLE CHILD

Troyanda Ukrainian dancers show off their moves at Casa during Arts Days on Oct. 2, 2016. Check out the full story on Lethbridgecampusmedia.ca.

Sliding right into new season of hockey

STEVE SETO
@steveseto

As some of us prepare for the colder weather in the coming months we begin to get excited for lacing up the skates and playing hockey outside. Some people in the community use another option when the cold weather hits.

The Lethbridge Sledge Hockey Club is ready to get back on the ice for another season. Members find therapy by playing the sport they love with a mix of disabilities stemming from accidents or health conditions.

“After my car accident and getting my disability I didn’t want to do anything. I was afraid to do anything. But I don’t need to use my legs at all so it’s freeing,” said club president Jason Allonby.

He is fine after being struck by a car while on a utility vehicle back in 2009. This led to a nerve being cut in his left leg leaving him paralyzed from the knee down on that side.

Allonby wasn’t able to finish grade 12 and was a tough challenge for him to get where he is today, but found that being on the ice gives him a positive outlook.

“It’s only been the last couple years that I’ve actually set goals and right now sledge hockey is everything. It’s what I focus 24 hours of my time on,” said Allonby who doesn’t let his accident hold him down.

The same applies for Jeff Gauthier who suffered a stroke years ago and found being active is a release for him.

“What I found with sledge hockey was a place where I can do what’s there and get better and I’m finding I get better as I go,” said Gauthier who says his stroke was tough to adjust to as he lived an active lifestyle before.

After being limited to his wheelchair Gauthier did not make it out of the house often due to the amount of time



PHOTO BY STEVE SETO

Callie Morris a University of Lethbridge student chases after the puck as Jason Allonby and Natasha Reule get into play.

it took to get places.

“We’re very isolated and that’s the biggest thing for me and I get out there. It’s so good for your mental health to have other people who are doing the same thing and have the same likes. There’s so much to it that’s therapeutic not just physical,” said Gauthier who looks forward to being on the ice every other week.

Natasha Reule has lived her whole life with spina bifida making it difficult to walk, but hard work and determination led her to sledge hockey.

“I have a younger brother and I was never able to walk and then my brother learned how to walk, so all of a sudden I was about two or three-years-old and my parents heard noises from upstairs and here I am learning

to walk by myself,” said Reule who continues to break stereotypes and excel on the ice.

There is a big outreach to gain more members in Lethbridge to keep the league running.

“There’s interest but a lot of people think it’s a stigma saying well it’s for disabled people,” said Allonby who hopes to sign more members up able bodied or not.

“You guys got to come, it’s fun and it will release all that frustration out of you,” added Reule who enjoys competing with new people who come out.

The club meets every other Tuesday at Nicholas Sheran Rink, they supply the sleds and sticks for members. They also offer drop-ins for people who want to try it without paying the whole registration fee.

Athletes take stand by sitting down

San Francisco 49ers QB, Colin Kaepernick recently decided it would be a good idea to sit down during the national anthem at an NFL game because he is tired of the way black people are being treated in the United States of America.

Although Kaepernick has every right to do what he does even if it may be overly disrespectful and ignorant, it isn’t helping the cause.

The national anthem recognizes and honours those who fought and are currently fighting in war. Those people who fight give everyone in the country the right to do whatever it is they want to do, including sitting during a national anthem.

If it wasn’t for the people fighting overseas, or for the people who fought in many other wars, Kaepernick wouldn’t be able to make the millions of dollars he makes for playing a sport in which he loves.



Kaepernick does what he loves and makes more than a living off of it, but is disrespecting a country that allows him to do those things. It makes me laugh and think, “What is wrong with the people in this world?”

I do not agree with what police officers do to people and how they treat them. I 100 per cent think they over use their power.

The only thing I do not agree with is the way he handled the situation.

Kaepernick and others involved in raising the issue have switched to taking a knee, but even that is still disrespectful.

Even US President Barack Obama thinks he could have handled it differently.

“I want them to listen to the pain that they may cause someone who, for example, had a spouse or a child who was killed in combat,” Obama said.

This issue could have been raised many other ways. I do not agree with how this is being handled.

Athletes are able to make all the money they earn but are upset with how black people are being treated.

Two totally separate things and I would like to see this handled in a better way and I think many others hope for that too.

Out of retirement and back in Mein event

COLE PARKINSON
@coleparkinson4

The Young Gun is officially on his way back to the UFC.

Jordan “Young Gun” Mein retired in August of last year but he’s making his way back to the octagon.

The Lethbridge born fighter was highly regarded and his retirement came as a bit of a shock to the mixed martial arts community.

He’s only 26-years-old with a 29-10 record in pro fights.

But after some time off, Lee Mein, Jordan’s dad and long-time trainer, says he’s ready to see his son fight again as long as that’s what he wants to do.

“As long as he’s happy, enjoying the training and what goes along with the sport,” Mein says on Jordan’s return.

The younger Mein has been retired for over a year but got the itch to get back into it.

During his time off, Jordan still trained and was teaching at the Canadian Martial Arts Centre (CMAC) in Lethbridge.

“He was just on a physical and mental break,” said Mein. “It was just a chance to reset and see what he wanted to do.”

The senior Mein doesn’t really care who Jordan faces in his first bout back from retirement but says they will be prepared no matter what the challenge.

The comeback is not only huge for Mein, but for the MMA community in Lethbridge.

Training out of the CMAC has a benefit for not only Mein but for the entire group of trainers.

Friend and training partner Aaron Antcil says he’s excited to see what the future holds for Mein.

“It’s really exciting to watch him train and I can’t wait to see him back out there,” Antcil said.

The short lived retirement was spent coaching and training at the CMAC and it will have a prolonged effect on those who continue to train there.

“Having a professional UFC fighter train in the same gym is a huge confidence boost,” says Antcil.

The Lethbridge MMA scene has benefited from having Jordan Mein for the past year but now they’re more than happy to see him move back into professional fighting.

One of his oldest friends at the CMAC, Wyatt Yake, doesn’t think success could have happened to a better person.

“He’s the nicest guy, a real gem of a human being,” said Yake.

Now Mein aims to fight in UFC 206 on Dec. 10.