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QUOTE OF THE WEEK

*“When it comes down to it, we need
our guns and all the ammo
you can possibly have.”*

See NO PAIN, NO GAIN, Page 7



endeavour



Catching the dream

Mark Messier and Martin Luther King III
inspire Lethbridge about leadership.

By STEVE SETO Page 5



Weather creates conflict

Not enough plug-ins are supplied at the
college to combat the cold weather.

By NICK NIELSEN Page 3

ACAC Championships

See more coverage of last weekend's
ACAC conference championships

Page 6-8



March 10, 2017 Vol. 52, Issue 08

Golden girls



PHOTO PROVIDED BY LETHBRIDGE COLLEGE

Logan Moncks (right) and the rest of the Kodiaks celebrate their ACAC championship victory in the Val Matteotti gymnasium March 4.

STEVE SETO
@steveseto

Everyone can exhale as the Lethbridge College Kodiaks claimed the Alberta College Athletic Conference (ACAC) women's basketball conference championships. The Kodiaks continued its undefeated season by taking out St. Mary's in the gold medal matchup.

The reaction off the bench was pure joy and excitement. Many of the players from last year were shocked they were eliminated in the semi-final of last year's ACAC championships. Many of the players couldn't hold back their emotions.

“When we got to that two-minute mark and Emma Lowry is telling me there's no way they can come back and I'm just freaking out. Because I've waited for this. I've waited so long for this and wanted this gold medal for so long,” said Logan Moncks, ACAC player of the year.

It even was a weight off the shoulders for the coaching staff.

“It's a big relief. It's one of those things where we accomplished one of our goals and the next one is nationals and we'll see what we can do there,”

said head coach Brad Karren.

The Kodiaks had smiles from ear to ear and no one could stop them from dancing after receiving their medals as the feeling sunk in that they got over the hump. Having players come back from the previous year helped with chemistry on and off the floor.

“Honestly, we're all really close off the court too, which is pretty cool. We're all different, but we get along really well and that translates to our basketball,” said tournament MVP Sunder West.

Moving to the next step and getting to nationals was one of the biggest goals for the players this year. Chemistry on and off the floor was important, but this group is playing for one another as a team and

*“I've waited so long for
this and wanted this gold
medal for so long,”*

LOGAN MONCKS

not individuals.

“I'm focused and ready to go, it's time to push through. A lot of us are done after this, it's going to be our last year. So it's going to be special,” added Moncks.

The team heads to Edmonton for nationals as the Northern Alberta Institute of Technology (NAIT) will play as hosts this year.

The Kodiaks have been ranked nationally throughout the year and have held onto the number two spot for a majority of the season.

3on1Sports talks Kodiaks, Hurricanes and all four major sports every Thursday from 8-10 p.m.

Cops adopt 4-legged friends

TODD EAGLE CHILD
@toddeaglechild

When the element of searching for a subject that you can no longer track happens, the need for greater senses are brought in and provided by canines.

The Lethbridge Police Service will be receiving new help in fighting crime as they are graduating two Police Service Dogs.

The dogs named Myke and Robby trained for over 16 weeks covering obedience, agility, tracking, searching, apprehending criminals and importantly detecting drugs.

The LPS obtain the dogs from a Police Service Dog handler from the United States and they build a bond before any training is done which is only to one person, the handler.

"In the end I spend more time with the dog than I will with my family as he is with me at home as well as work," said Constable Braylon Hyggen.

Cst. Hyggen's police service dog is named Myke, a Belgian Malinois who went from running around on his first patrol to now walking by Hyggen's side which is the overall goal.

The Police Service Dogs are often sent into dangerous situations where they risk their lives. Their use is beneficial to the police force.

There are currently four active PSD's on the LPS, two will be retiring soon and will be replaced by Myke and Robby.

The two basic breeds used are German Shepard's and Belgian Malinois.

"There's a lot of times where somebody commits a crime and it would never be solved because nobody knows who did it. Without the dogs there to track the person, you'd never be able to solve it and arrest them," said Constable Rick Semenuik.

The Lethbridge Police Service use the dogs natural drive to hunt, search and develop them to utilize those senses through desired tasks or actions in police work.

Upon completion of the training, graduating canines Myke and Robby will be sworn in as official Police Service Dogs and will receive badges.

The City's first Police Service Dog was Thors Yorker who was acquired in 1964. Since then there have been 25 canines on the police force.

The next time you are in need of help from the Lethbridge Police Service, you might have one of the furry badge awarded Police Service Dogs coming to your rescue.

Clowning around at PBR



PHOTO BY GREG BOBINEC

Brinson James displays his lassoing techniques to entertain the crowd at the PBR Challenge on March 3 at the ENMAX Centre.

LCSA looks for new leader

NICK NIELSEN
@nicknielsen

Lethbridge College's Student Association's (LCSA) student elections will wrap up today.

Elections for three positions are held each year and there's a lot of candidates for each.

Starting with the run for LCSA President, the three candidates are Zachary Wigand, a General Studies student, Stephanie Savage, Digital Communications and Media (DCM), and Arthur Torres, an international student in the Business program.

Savage says she's hopeful for the opportunity and that she'll be able bring some energy to the LCSA.

"I believe the job of the student government is to work for the students it serves. Too many times student governments act with little or no input from the student body."

Students are also campaigning for the V.P. of Student Life and the V.P. of Finance and Operations.

Taylor Noroski a business student and Oumar Berthe in the Agriculture program are the two running for the

Finance and Operations position, where they'll look to handle all the financial aspects of the events the LCSA hosts throughout the year.

As for the V.P. of Student Life, the current V.P. Storm Liversuch says he's been having students approach him for advice on the campaigning process.

"I play a bit of a mentorship role for the candidates. A lot of individuals come to me when they have questions about the roles and responsibilities of the executives."

There are two people running for another LCSA position: Dominique Charles from DCM and Joshlyn Derosa in Criminal Justice.

Liversuch wants to remind all students that voting for who represents you through the next school year.

"A lot of people kind of underestimate it, these people sit on so many different committees and they are involved with so many things that impact the college, whether it be meeting with provincial MLAs or the minister of advanced education."

Voting stations are open until the end of school hours on Friday and can be found in centre core, the cafeteria, cousins building and IB building.



GLENN KLASSEN
music director

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Overdue fines on your account may be forgiven.
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Odd weather creates conflict for college residents

NICK NIELSEN
@nickmnielsen

It's not news that the constant fluctuating weather in Lethbridge can be a bit of struggle for some people to get used to, but this year has been especially odd.

For a lot of students though, they're just moving to the city and it's something that they have to learn to deal with.

Laura Terry, Residence Life and housing coordinator at Lethbridge College says it can be tough for some of the students.

"We get a lot of students from Saskatchewan and other places where they're used to a bit more of a stable conditioned season, so sometimes it's not that easy."

The staff at the college have to be on top of the weather to areas things cleared for students as they head to class in the morning, sometimes clearing sidewalks with a street sweeper on residents at four in the morning.

John Curlew, a business administration student that lives in Cullen residence, says there could be some better accommodations made.

"A lot of the time two or three people need to have their vehicles plugged in and there isn't even enough plug-ins for a whole household."

Most places on the Cullen residence have four people living in each unit and only have two plug ins for vehicles on the outside.

However, the students over at the Kodiak House residence, they have nowhere to plug their vehicles in at all, meaning students may have to invest in jumper cables or a booster pack just to start their cars some mornings.

As for residential amenities, the door to the laundry room on the Cullen residence has had a broken lock for the past few months and students are still being forced to bring that through the inside of the building.

Residential advisors on campus Alex Drews says it's one of the most common complaints he's received.

"It's definitely an issue. We've get a lot of complaints



PHOTO BY NICK NIELSEN

John Curlew plugs in his car in the morning after a dump of snow and -20 degree C temperatures the night before.

about it. It means we have to keep the whole res hall open for longer each day and lock up later, so it keeps us busier." There's no word on what exactly we can expect for weather for the rest of the season, so students are going to need to continue adjusting to everything for a little while longer.

Lethbridge takes a stand against Islamophobia

TODD EAGLE CHILD
@toddeaglechild

Canada welcomes people from around the world from different faiths and backgrounds to make a new home here without fear of reprisal for being from a different religion.

Across Canada the Canadian Coalition of Concerned Canadians (CCCC) organized a March for Freedom, Liberty and Justice, against the proposed Motion M 103 on March 4, including Lethbridge.

Event organizer Kristina Larkin wanted to gather people from the city to come out to show support for diversity

and the Muslim community.

"It's always important to stand up against the possibility of racism, Islamophobia, division and hatred might be the narrative that people hear from Lethbridge, it's always important to stand up against those things because that is not who we are and we need people to know

that," said Larkin.

After the Jan. 29 mosque shooting in Quebec City, Liberal MP Iqra Khalid tabled M 103 to have the government condemn Islamophobia.

To read about how Lethbridge took a stand, check out LethbridgeCampusMedia.ca



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Lethbridge
College



OPINION

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The business in politics

With the number of crazy things that continue to happen across the border and the political unrest we're constantly hearing about, Canadians couldn't possibly elect someone like Donald Trump as the leader of our country, could we?

A lot of people believe the newest candidate for the leader of the Conservative Party of Canada is Kevin O'Leary.

According to thesquander.com, the cofounder of O'Leary Funds and SoftKey is worth over \$300 million through his career as an investor. But is he really Canada's version of Trump?

Possibly, according to one of his former co-stars on the popular *Dragon's Den*.

For those unfamiliar with the show, Canadians bring their business and product ideas to four investors including Kevin O'Leary and Arlene Dickinson, who's most notable for being the CEO of Venture Communications among other things. Investors listen to the pitches, and discuss possibly investing in the company to get them off the ground.

Often times on the show, entrepreneurs share stories of personal hardship as part of their pitch and O'Leary often seems cold and distant towards the issue, only concerned with whether or not the idea would bring him a profit.

It is often questioned if O'Leary's attitude is genuine, but that question was answered by Dickinson shortly after O'Leary's race announcement.

"Kevin's total lack of empathy toward these Canadians who put their heart and soul on the line, I can assure you, was genuine."

O'Leary is known for being a businessman and it's done him well,

but there's one major issue right now where the Trump and O'Leary comparison is clear—immigration.

While still dealing with the effects of Trump's ban on immigrants from seven predominantly Muslim countries, O'Leary went on a Twitter rant this Monday about immigration in Canada.

O'Leary says a loophole in Canada's immigration system makes it too easy for illegal immigrants from the US to walk into Canada without going through a regulated crossing point and applying for refugee status to start collecting welfare.

He comes from a family of immigrants that didn't have a lot of wealth to begin with, unlike someone with his small loan of \$1 million, so O'Leary has compassion for people immigrating to start a new life.

"Canada's generosity and compassion can't be misconstrued as an invitation to abuse or undermine our immigration and refugee system," said O'Leary in a tweet.

To break down O'Leary, he's a self-made multimillionaire with a lot of business sense, who keeps a slightly opinionated, yet clean presence on social media.

It's unclear what that could mean, but if a comparison to someone in American politics had to be made, it would be Mitt Romney from the presidential race of 2012. He's another smart business man who's made a great living for himself, while making people a little uncomfortable.

While O'Leary may be the leading candidate of his party, the public may not agree with the fact that running a country is just like running a successful business. His personality may cause votes to be pulled in a Liberal direction.

e LIFE



Martin Luther King III addresses the 1,200 in attendance during the third annual Greatness in Leadership conference on Tuesday morning.

PHOTO BY STEVE SETO

Lethbridge catches the dream

STEVE SETO
@steveseto

Expressing and expanding on your dreams was the theme for the third annual Greatness in Leadership conference. Having none other than Martin Luther King III was the perfect collaboration to express what it means to chase a dream.

Business managers, post-secondary students and high school students were in attendance to learn about what it takes to be a strong leader.

King III voiced how important it is to make sure we listen to the people around us and keep our ears open.

“You’ve got to constantly be in dialogue. I mean you can’t resolve any problem if you aren’t communicating and a great leader is not just a great communicator. That’s one of the key things that must exist, but he or she must be able to build coalitions, a base of support,” said King III.

The other keynote speaker who is a hockey legend throughout Alberta and Canada expressed that no matter what path you choose you can work towards your dream and lead to help others.

“The same principles apply I think to whether it’s business or hockey or sports or arts or the dedication and discipline.

These are all things that are required in all fields,” said Mark Messier who played in the National Hockey League for 25 years.

Messier also included his experiences go further than hockey and he tries to make sure his message reaches everyone.

“Be able to share those experiences to kids who are looking for a thread to hang onto and find their own passion, but the principles are all the same no matter what people decide to do,” adds Messier.

The outreach is getting strong to youth and young leaders who will help shape the community in southern Alberta.

“[It’s about] the integration of our future leaders, our high school students,

university and college students. It’s a great day of mentorship and it really gives them [an idea of] what it’s like to have careers here in Lethbridge,” said Teamworks CEO Ryan Miller who helped organize the conference.

Communication and discussion were some of the main points shared through the day and making sure that people can come together despite their differences.

“We have got to come together as a world community and figure out how to coexist,” added King III.

Next year’s conference is already in the works as Canvendish Farms was announced as the title sponsor for 2018.

Twenty-one years of funding the future

COLE PARKINSON
@coleparkinson4

A local youth service is looking to raise funds in order to keep up the work that goes into helping young people in the city of Lethbridge.

The annual *Investing in Youth* campaign is back for another year in Lethbridge. The program has been operating since 1996 and has raised over \$625,000 to support Lethbridge and surrounding area youth at 5th on 5th Youth Services.

This year they hope to raise \$35,000 dollars and the organization says cooperation with the community is key to having a good event.

“It’s a lot of planning, we have a committee that we work with and a group of

volunteers that we are working directly with to make this event successful. So the planning probably takes about three to four months in preparation for the event itself,” said Trevor Brown, executive director at 5th on 5th.

The Investing in Youth campaigns accounts for 10 to 20 per cent of 5th on 5th yearly financial plan and it directly helps around 300 youth per year.

The last few years have been very successful with donations coming in throughout the community of Lethbridge and surrounding areas.

Brown says donors have exceeded expectations in the past few campaigns and have donated more than 5th on 5th has expected.

“In the past couple of years, donors

have really stepped up and have blown that number out of the water, so we’re really hoping that our community sees that value and they give back. We’ve already received a number of good donations this year so we’re really excited about that,” said Brown.

Youth services like 5th on 5th can be hugely beneficial for youth when finding jobs as well as completing school.

“The benefits for youth services is astronomical! It is surprising to see how giving a young person support and helping them develop vocational skills can change their life. Not every kid is going to get the know-how on resumes or job applications and cover letters and 5th on 5th is a great establishment that can give youth that need those kinds of supports

the help they need,” said Matt Clark, a community disability service worker.

The contributions that go towards the Investing in Youth movement go to making the community of Lethbridge a better place and Clark says it shows.

“Community supports like 5th on 5th make our community a better place and it gives a brighter future to the upcoming generation,” said Clark.

This year’s drive already has donations from businesses. They have also received hundreds of items to auction off.

Any individual or business who gives \$125 or more will get two invitations to attend A Taste of Lethbridge event which will also be donor appreciation night and will be held at the Servus Sports Centre on April 12.



SPORTS



Men's squad gets nod to nationals in P.E.I.

COLE PARKINSON
@coleparkinson4

The Lethbridge College Kodiaks men's basketball team has booked their ticket to the CCAA Nationals next weekend.

Although they didn't win the Conference championship, the team still moves onto the national tournament.

While the Women's Alberta Colleges Athletic Conferences (ACAC) basketball championships were going on in Lethbridge, the Kodiaks men's team was battling it out in Medicine Hat.

The Kodiaks men's team headed into the Gas City with a three-game winning streak, but were still considered

underdogs in the tournament.

After a huge win against NAIT in the first round, the Kodiaks advanced to face the hosts Medicine Hat.

Multiple players were having their first taste of ACAC playoffs and they relished in the opportunity as first-year players.

"It was a great experience, I was really excited just to be able to go in with the team and to see all the fans. There was a ton of people there, especially our game against Med Hat. It was probably the biggest game I've played in, we were so happy with the win," said first-year guard Jackson Kasko.

The Kodiaks would go on to upset the second nationally ranked Medicine Hat Rattlers to advance to the finals lined up

against one of their biggest rivals, the SAIT Trojans.

The team was feeling good going into the gold medal showdown.

"Our team confidence was really high actually, I'd say maybe even a little too high. Going into the final we were kind of gassed and a little over confident but we gave it all we had," said Kasko.

Unfortunately for the Kodiaks they came up 20 points shy in the final.

Even though the squad wasn't able to come away with a victory, they get to advance to the Canadian Collegiate Athletic Association (CCAA) National Championships in Prince Edward Island looking for redemption.

The team hopes to have a good week of

practices before heading out east and are looking forward to being underdogs in the big tournament.

"In the gold medal game there is no doubt that SAIT outplayed us, but we know that we can play with any team in the nation. Going into nationals we are very confident that we are going to surprise some teams in P.E.I.," said veteran guard Pierce Van Gaalen.

The team will enter the tournament as the ACAC wild card team along with SAIT the ACAC champions.

Lethbridge will matchup against Nomades de Montmorency in their first game on March 16.

The Nomades had a 13-1 regular season while the Kodiaks went 15-6.

Kodiaks shine in track, basketball ACAC championships

KAYLA SARABUN
@kayla9614

It's no small feat to host two championships in one weekend.

Both the ACAC Women's Basketball Conference Championship and the Indoor Track Championship took place at Lethbridge College and University of Lethbridge respectively.

The events brought fans from all over Alberta and parts of Saskatchewan to watch the competition.

A lot of work went on behind-the-scenes to make sure that everything here at the college and university ran smoothly.

Todd Caughlin, Athletics Manager at Lethbridge College has been part of the planning process ever since the Athletics Department found out they won the bid.

"The bid was accepted in late May, early June. The work started and we went solid until Saturday night," said Caughlin.

Since most people only see what is broadcast on the screen, or what's going on from inside the gym or track, many are unaware of all of the planning that takes place to ensure a smooth-running operation.

"We have a pretty good network set up already of outlets that we work with continuously throughout the season and our reporters especially here in Lethbridge that we know well. We made sure that they were getting their information as soon as possible," said Paul Kingsmith, communications specialist who also took part in ensuring both the Indoor Track and Women's Basketball championships got the coverage they deserve.

The broadcast of the ACAC Women's Basketball championship was made possible with the help of the college's digital communications and media (DCM) students putting on live webcasts on ACAC TV for fans to stream at home.

Caughlin believes this helped to showcase the school, along with the help of social media.

"Lethbridge College has an alumni base around the world. Most of them were able to connect to it... so that sees how it carries around like that," said Caughlin.

The DCM class worked both behind the scenes and in front of the camera to highlight ACAC action. Media production and advertising students were behind the cameras, running audio, and making sure each clip that you saw ran seamlessly. They also ran the show "the

baseline" which ran during half-time.

Digital journalism students created highlight packages, team features that you saw before if you were watching online and game commentary.

College President Paula Burns believes the event ran well, considering that there were two championship events happening here.

"The organization of the event, was another piece that people were impressed with," said Burns.

With the success of the track and basketball teams, Lethbridge College now has a higher chance of winning the bids when it comes to hosting ACAC Conference events and even possibly, nationals.

A bid has already been submitted to hopefully secure next year's championship.



No pain, no gain

How a player brought up a team

Alicia Tan crosses half court in the semi-final game against the Kodiaks during the ACAC conference championships.

PHOTO BY STEVE SETO

STEVE SETO
@steveseto

One of the toughest parts about being a college athlete is playing away on the road. It is especially difficult when you are coming back from an injury.

That was the task at hand for Southern Alberta Institute of Technology (SAIT) Trojans for this year's Alberta Colleges Athletic Conference (ACAC) women's basketball championships. The Calgary team has one of the top point guards in the province and arguably throughout the country.

Alicia Tan is in her fourth year of eligibility and helped push SAIT to finish third in the south division.

It was not without a few hiccups as Tan fractured her nose a week before playing their final two games in Lethbridge in January before the ACAC championships.

"I really don't think it's that big of a loss. It's another gym to play in, I've played here before so it's nothing new," said Tan who was not bothered that she missed the last two games against the top team in the division.

The Trojans dealt with injuries like every team in the ACAC and they were lucky enough to have a full squad coming into the tournament.

"When it comes down to it, we need our guns and you want all the ammo you can possibly have. For us it's been one of those seasons we come in hurt and through the entire year we've been dealing with it," said head

coach Ranbir Parmar.

Tan wore a mask through the rest of the regular season and the tournament to make sure she does not hold back.

"I think I go a little harder, knowing that I have protection on my face. I don't think I take a step back. I think I've been doing just a little bit better," said Tan.

Performing at a high level in the tournament was key for the team carry on to another successful season.

"As long as we stick together and play as a team this weekend, that's one thing we can take away for next year," said forward Kendall Bostock.

It translated into a bronze medal for SAIT who look to contend next year in Tan's final year of eligibility.

Lightning strikes the Rattlers

KAYLA SARABUN
@kayla9614

The Lightning struck but to no avail, taking home a silver medal.

The Saint Mary's Lightning went into the weekend as a second ranked south division seed.

The Lightning left with heavy necks, as they claimed second place overall, and took home the silver medals for the women's basketball conference.

Sparks came from the Lightning the first day, as they easily defeated the Keyano Huskies.

The second game for the Lightning saw a tough match up against the Medicine Hat Rattlers. They were able to take the win subduing the Rattlers by 12.

Heidi Strom, a former player for the Lightning, watched from the stands, hoping for the win for her former team.

"What made them get into the finals was really the intensity they came out within the start of the fourth quarter to close that gap quickly and eventually get ahead and win the semi-finals," said Strom.

The Lightning were able to more than quadruple points made by the Rattlers in the fourth, outscoring them 29 - 6 and producing the win.

Steve Shoults the head coach for St. Mary's, was ecstatic by the results of the semi-final game, which catapulted the Lightning into the gold medal game.

"We knew it'd be a battle we were down by 11 going into the fourth quarter and we outscored them... we'd been talking all year about how defense was going to win a game and it did tonight," said Shoults.

Laura Belisle is a third year with the Lightning, who believes that having a little bit of a tough start to the season this year is what helped them stay grounded through the game.

"Since then we've picked up the pace and we've played it really well the past couple of weeks... I think going through the tough first semester gave us a bit of a learning curve" said Belisle.

The Lightning faced the Lethbridge Kodiaks, on Saturday night.

Coming out strong, the Lightning took the lead for the first minute of the game, but fell behind after the first quarter.

The Kodiaks were able to take the lead and keep it, winning the game 85 - 54 as the final score and presenting the Lightning silver medals.

The Lightning finished off their season with a 16 - 5 season, and a 2 - 1 conference championship.







PHOTO BY KAYLA SARABUN

St. Mary's players fight against the Rattlers to secure a place in the finals.

Lethbridge College

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HOOP DREAMS

PHOTOS BY STEVE SETO



Megan Getz of Medicine Hat (above) drives baseline against SAIT in the ACAC Championships held March 1-4 at Lethbridge College.



Alicia Tan of SAIT (above) puts up a contested shot against Medicine Hat defender Alexa Wandler in the bronze medal game.

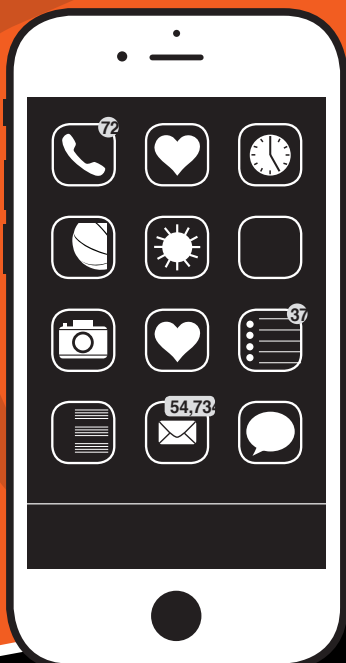


Concordia guard Morgan Dool (above) drives against Angela Baran of Lakeland College.



Meg Ferrez of Lakeland College (below) puts up a shot with a hand in her face during the ACAC Championships.

STUDENT ACTIVITIES



Last day to withdraw is March 17: Talk to an Academic Advisor, across from the bookstore, if you're thinking about withdrawing.

Bridging Cultures March 29: Celebrate our college's diversity. Food fair, cultural entertainment and activities in the Val Matteotti gymnasium. \$5 ticket at the LCSA or the ELC Office (AN 2730) by March 27.

For more information on what's happening on campus to support your academic, social, emotional, and physical wellness visit the Student Activities Calendar at: lethbridgecollege.ca/studentcalendar. **Check it often for our weekly prize giveaway.**